

## February 2025 NEWSLETTER

## WELCOME

Volume #26 | Issue #2 | Chalice Unitarian Universalist Congregation

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# Soul Symbol for February Phoenix

Rise and come back stronger

"Be the change that you wish to see in the world."

Mahatma Gandhi

## SUNDAY SERVICES SCHEDULE

Sunday Service
In person at 10 AM. Online on Zoom 10 AM
Zoom Meeting ID: 832 129 662
https://uuma.zoom.us/j/832129662

### After-worship COFFEE HOUR

Stay in the same Zoom site as Sunday Service

February 2 – Rev. Sharon Wylie "Imbolc Blessings" Multigenerational Service

Imbolc is the Neo-Pagan celebration of the earliest signs of spring, an observance that lives on in our modern Groundhog Day. At this morning's service, we honor the goddess Brigid and celebrate the many gifts she offers those who worship her.

February 9 – Rev. Steven Leigh Williams "TBD"

February 16 – Rev. Sharon Wylie "Generosity Isn't Measured in Dollars"

The Six Values (with Love at the Center) we adopted in June 2024 articulate, for the first time in our UU history, that generosity is one of our values.

February 23 – Rev. Sharon Wylie "In Spirit We Trust: A Belief Beyond God" (UU Theologies #6)

Today we consider pneumatology, the study of the spirit. This is the sixth in an 11-part series on UU theologies, informed by the book *A House for Hope: The Promise of Progressive Religion for the Twenty-First Century* by Buehrens and Parker.



## Minister's Message

From the editor in chief of Christianity Today, Russell Moore, from his piece "How to Get Through the Next Four Years." These excerpts from that piece were shared as part of our January 5 worship service, "Drinking from the Fire Hose, Or Too Much Internet."

The last thing I [want] to talk about, after ten years of talking about him, [is] Donald Trump. Now the news cycle will be the Donald Trump Show all day, every day, for four more years....

Wherever someone falls on the political spectrum, that's where "doomscrolling" comes into play. We feel we are informed by having a steady stream of drama in front of us, our emotions driven up or down by the news cycle.



Minister

We've seen the end result of that. The constant flow of (real and fake) information spikes our adrenaline, activating our "lizard brains." We throw our limbic systems into the sense of having to support or to oppose something—when, much of the time, there's actually nothing we can do about it. And this works because many people like it.

What we call "politics" these days offers people a sense of meaning and purpose, an interruption to the dead everydayness of life. A jolt of adrenaline can feel almost like life—for a little while....

The stakes are too high for us to see our country as a reality television show. You can't opt out of the country, but you can opt out of the show. In some ways, you get there by subtraction. Don't rely on social media for your news, for instance. Don't fall into the trap of every-ten-minute hits of dopamine about how your side is losing something or winning something....

The news cycle will be crazy for the next four years. You don't have to be.

Bright blessings, Sharon

To schedule an appointment with Rev. Sharon: Online: https://calendlv.com/revsharonwylie/

Text or call: 619.871.9959

Email: swylie@chaliceuucongregation.org



### **President's Column**

Greetings, Chalice!

I knew January was going to be a tough month, but it turned out to be tougher than I expected. The devastating fires in Los Angeles filled me with shock and sadness and not a little bit of anxiety. Week upon week of Santa Ana winds just didn't let up, fueling the flames as we, along with the rest of the country, watched in horror. And then



we had our own local fires here in San Diego. Thankfully they were not as large or destructive as the fires in LA, but I know they affected some of you directly. I'm thankful for all our first responders and firefighters. As I write this letter, the winds are dying down and there is rain blessed rain - in the forecast.

Then there was the tough part of January that I was expecting, the beginning of our new administration. It turned out to be as bad as I feared with pardons for people involved in the January 6 attack, crackdowns on migration and asylum seekers, and the rollback of Diversity, Equity, Inclusion and Accessibility initiatives, to name just a few. It hurts.

And ... it helps to face this together. It also helps to **do** something. On Jan 19 as part of our Martin Luther King Day service, Wendy Metzger encouraged Chalice to step up our social justice game, and shared these three websites as a way to get started and inspired:

- <a href="https://thekingcenter.org/">https://thekingcenter.org/</a> The King Center provides online and virtual nonviolence training and education for individuals and organizations (for a fee). Each January they hold a Beloved Community Global Summit and the 2025 Summit is now available to watch on their website free of charge.
- <a href="https://interfaithalliance.org/">https://interfaithalliance.org/</a> Interfaith Alliance forges powerful alliances among people of diverse faiths and beliefs to build a resilient, inclusive democracy and fulfill America's promise of religious freedom and civil rights not just for some, but for all.



• <a href="https://uusj.net/wp1/">https://uusj.net/wp1/</a> Unitarian Universalists for Social Justice has a mission to "Advance equitable national policies and actions aligned with UU values through engagement, education, and advocacy." This website offers many ways to take action.

What heartens me about these and other websites is the knowledge that we are not alone in our pain and we are not alone in our desire to resist. I found this article helpful in combating the despair of the moment: <a href="https://americansofconscience.com/how-to-resist-without-losing-your-peace/">https://americansofconscience.com/how-to-resist-without-losing-your-peace/</a>. The idea is to use positive affirmations to shift your mental and emotional baseline for the better. As someone who tends toward cynicism, this was useful for me.

One of the hymns that we sang during our Martin Luther King Day service was "Woyaya". This is one of Susan Llewellan's and Paul Courtight's favorite hymns as they knew it from their time spent in Africa. This song is about the resilience of African people. As we sing it we can remember and call forth our own resilience. If you want a bit of joy, watch this video of "Woyaya" sung by Ghanian singer, Wiyaala. It will make you smile. <a href="https://www.youtube.com/watch?v=BwckMpR9V-Q">https://www.youtube.com/watch?v=BwckMpR9V-Q</a>

Blessings to each of you, Lara Brown President, Board of Trustees





## **Music Program**

#### In-CHOIR-ing Minds Want to Know!

Church choirs have been around for thousands of years, but unless you happen to sing in a choir, you might not know a lot about them. Here are some fun facts about this enduring musical idiom called the choir:

**QUESTION #1:** How do you divide the different kinds of voices in the choir?



**ANSWER #1:** The choir is divided into *sections* based on the *vocal ranges* of the singers in the choir. In general, human voices are divided into four ranges:

- **□ Soprano** The highest vocal range. Most people start out as sopranos when they are babies and young children.
- Alto The second highest vocal range. Soprano and alto voices are called *treble* voices because they are the two parts written in the *treble clef*
- ☐ Tenor The second lowest vocal range. Very in demand in both opera and on Broadway.
- □ Bass The lowest vocal range, usually written in the bass clef

Some choirs have sections for all four of these vocal ranges. These choirs are called *mixed choirs* and they sing *SATB* music. There are *treble choirs* which sing *SA*, *SSA*, or *SSAA* music. Currently, Chalice's Chancel Choir sings mostly *SAB* music. In this configuration, the B stands for *baritone*, which is basically a combination of (or compromise between) tenor and bass.

**QUESTION #2:** How do you get all of the voices in the choir to sing together in *harmony*?

**ANSWER #2:** It's a complex process to get a choir to sing together in harmony. Although the process varies slightly among choirs, here is the basic process for Chalice's Chancel Choir:

Everyone in the choir receives an *octavo*, which refers to the particular size of choral sheet music (6.75" x 10.5" to be exact!). The



- sheet music contains all of the basic instructions to tell the singers what notes, rhythms and words to sing.
- Practice tracks are created to help the choir members learn their individual part. For example, the members of the alto section practice at home with the alto practice track, which highlights their particular notes within the music. This will make it easier for them to stay on their part when they get to choir rehearsal on Thursday nights, when there will be other people singing other parts standing very near to them!
- ☐ To make sure that everything syncs up together, the *conductor* creates a visual reinforcement for the members of the choir to sync up to. Currently, Tim McKnight is playing and conducting from the piano, but soon we will have an accompanist again!

**QUESTION #3:** What is it about singing in a choir that makes it such a popular activity for thousands of years?

**ANSWER #3:** There are many reasons why singing in a choir is so popular, including but not limited to:

- Research shows that when a choir sings, their heart rates sync up.
- 5 Choir singing can be a workout, burning 100–136 calories per hour, depending on the singer's weight and position.
- The Choir singing can improve mood: Singing in a choir can release endorphins, which can help reduce stress and anxiety.
- **⊼** Choir singing can improve social skills: Singing in a choir can help you connect with other people and create a sense of belonging.
- ♬ Choir singing can improve breathing and posture
- ♬ Choir singing can improve memory
- □ Choir singing can be a form of therapy
- ∄ Choir singing can boost your immune system

Not to mention all of the benefits to the people who get to listen to the choir sing!



#### Sunday Worship Music – February Highlights

Feb 2: John Schulz will be our worship musician.

Feb 9: John Schulz will be our worship musician.

Feb 16: The Chancel Choir will present "More Love", by Mark Miller. Tim McKnight will be our worship musician.

**Feb 23**: The **Handchime Ensemble** will present "Londonderry Air", an Irish folk tune arranged by Jane McFadden. **Tim McKnight** will be our worship musician.

#### Looking Ahead





## **Family Ministries**

#### Curriculum for our Children

Many times, throughout the year, our children and teens work together, learning as a whole group. Younger children often look up to older children as role models; older children can learn to be patient and helpful. It also gives them a chance to act as leaders, to play teacher, and to develop empathy and kindness. There are also benefits to being in similar age groups. Children and teens are at similar stages of development and maturity. Sometimes, children of the same age feel more at ease and less intimidated. So, we try to include both kinds of religious education here at Chalice.



Kathleen Swift
Director of Family
Ministries

For the next few months, our kids will be in same-age groupings, with occasional whole group sessions. Going forward, our youngest congregants will be participating in the curriculum, *Dr Suess: UU Style!* 

This is from Cathy Cartwright-Chow, a Credentialed Religious Educator, who wrote the introduction to the curriculum:

Since Theodore Geisel published his first children's book in 1937 (And To Think That I Saw It On Mulberry Street) under the pseudonym Dr. Seuss, children and adults alike have been captivated by the charming and laconic tales of whimsical characters and imaginative worlds. But Dr. Seuss' stories are more than just catchy poems; they often wrestle with serious philosophical and moral dilemmas, whether it is Horton discovering the very essence of life or the lorax teaching us about morality, postmodernity in On Beyond Zebra, thoughtful issues concerning the environment and anticonsumerism in The Lorax (1971), racial equality in The Sneetches (1961), the arms race in The Butter Battle Book (1984), Yertle the Turtle (1958) about Hitler and anti-authoritarianism, or Horton Hears a Who! (1950) about anti-isolationism and internationalism.

Though Geisel made a point of not beginning the writing of his stories with a <u>moral</u> in mind, stating that "kids can see a moral coming a mile off," he was not against writing about issues; he said that "there's an inherent moral in any story," and he remarked that he was "subversive as hell."

Our youngest kids enjoy learning together and, maybe even more important, bonding with each other. They are a great group of kids.



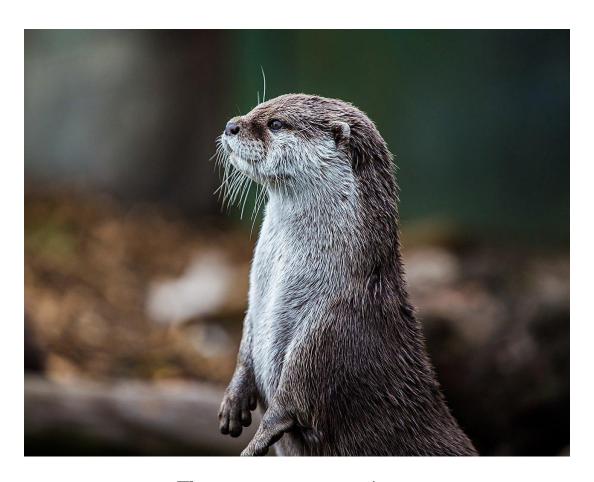
#### Seeking Nominations for Chalice's 2025 MARCH MADNESS!!

Our 2025 category is: Pacific Ocean Dweller (Not including otters)

This category might take some research! Nominees can be animals, fish, plants, anything that dwells in the Pacific Ocean.

Email your nominations to Rev. Sharon at swylie@chalicecuucongregation.org before February 19th.

Voting in six rounds will begin Sunday, February 23rd. Our March Madness winner will be announced at our multigenerational worship service on Sunday, March 23.



The otter—our 2024 winner



#### Sol Intentions Self Love Series

Discover the power of self-love and intentional healing with our **Sol Intentions Self-Love Series**. This heartfelt monthly gathering is designed to create a safe space for introspection, connection, and growth. The series will be every second Saturday at Chalice from 3-4PM.

Childcare provided. RSVP Here.

#### → What to Expect:

- Guided Intention Setting & Visualization: Manifest your goals with clarity and purpose.
- Meditative Healing: Experience peace and self-awareness through calming practices.
- **Sharing Circles**: Build camaraderie in a supportive environment rooted in love and acceptance.
- **Positive Vibrational Energy**: Surround yourself with uplifting energy to inspire your journey.

Whether you're seeking mindfulness, community, or a moment to reset, this event is for anyone looking to deepen their relationship with themselves in a nurturing and empowering setting.

Each event includes time afterward to connect, mingle, and enjoy the beauty of our growing community.

#### \* What makes this special?

- Childcare Provided (sponsored by Chalice Unitarian Universalist)
- All donations directly support our congregation and ensure our incredible healers are compensated for their time.

This is a free monthly meetup, open to all who feel called to join. Bring a journal, a yoga mat, and an open heart.

Reserve your spot today and take a step toward your most radiant self! <a href="https://www.eventbrite.com/e/sol-intentions-tickets-1206210009609?aff=oddtdtcreator">https://www.eventbrite.com/e/sol-intentions-tickets-1206210009609?aff=oddtdtcreator</a>

#### Let's Heal, Grow, and Shine Together!

With Gratitude, Dean Goddette, Susan Spoto & Kendra Maister





#### Beach Cleanup by North County UUs Saturday, March 1 from 9-11 a.m. in Oceanside

Please meet Rev. Sharon and the Surfrider Foundation folks on the sand near Lifeguard Tower 8, which is close to the corner of Breakwater Way and The Strand N. We recommend arriving 10-15 minutes before the cleanup start time to find parking in the parking lots on The Strand or on-street. Wear your UU garb if you have it!

Note: We will take a group photo at 9 a.m. at the Surfrider table, so if you arrive early, please hang around that area so we can get our group photo.

Please register to attend at <a href="https://sandiego.surfrider.org/beach-cleanup-volunteers">https://sandiego.surfrider.org/beach-cleanup-volunteers</a>. They will have supplies, but it is helpful to bring trash bags (not plastic!) and a trash grabber of your own. Please also bring your own water bottle. There is a waiver for our congregants under the age of 18.

Questions? Contact Rev. Sharon at <a href="mailto:swylie@chaliceuucongregation.org">swylie@chaliceuucongregation.org</a> or via text or phone at 619.871.9959. This cleanup is led by the Surfrider Foundation





#### ONLINE CLASS BIBLICAL LITERACY PART 1 OPEN TO ALL!

Wednesdays, February 12-March 19 (6 sessions) 5:00 pm-6:15 pm PT on Zoom

The *Faith Forward* program out of the First Unitarian Church of Dallas is excited to offer an online session of "Biblical Literacy for Unitarian Universalists" for all congregations. We will offer this 11-week course in two parts, one in the winter and one in the fall. Part 1 includes the sessions "Approaching the Bible," "Many Books, Many Sources," "God and Covenant," "Jesus in the Gospels," "Kingdom of God Parables," and "Creation Stories." This is a unique opportunity to explore the Bible through a Unitarian Universalist lens.

The fee for this series is FREE to congregations that subscribe to the Faith Forward curricula, which Chalice does.

For more information or to register, email Faith Forward Coordinator Rev. Lora Brandis at <a href="mailto:lbrandis@dallasuu.org">lbrandis@dallasuu.org</a>. Deadline to register is Monday, February 10.





## **Coordinating Team Report**

Guidepost 1: Build a welcoming community that supports opportunities to foster strong relationships within Chalice for congregants as well as visitors.

- Rev. Sharon preached on "We're All Socially Awkward" and brainstormed with the congregation about helpful conversation questions to ask each other during social hour.
- We had a very fun Winter Party attended by more than 80 congregants.

Guidepost 2: Provide opportunities for transformative religious/spiritual development for all ages.

• There was a well-attended Winter Solstice celebration on December 21—thanks to the Spirit Booster team!

Guidepost 3: Guided by the 8th principle and with love at the center, engage in thoughtful social justice action within the congregation, our North County communities, and the wider world.

• Nothing to report.

Guidepost 4: Encourage and support congregants and visitors to develop and share their unique creative talents with one another and in the wider community.

• Nothing new to report.

Guidepost 5: Engage the congregation in deeply understanding and participating in the communal stewardship of Chalice UU.

• Pledge drive task force has met and will meet again in January. Pledge drive packets will be handed out on March 16, kicking off a four-week pledge drive that concludes on April 13, Celebration Sunday.

Oversight of Chalice programs and committees:

- Our next Council of Chairs meeting is January 11. Our topic will be reviewing and brainstorming with Chalice's five guideposts.
- Regarding the emergency exit ramp (the exit between the flagpole and the Hub building): Callie and Dean met with the concrete contractor who repaired our courtyard concrete previously to evaluate the possibility of the ramp. He thought it would be a substantial project (\$20,000-\$25,000), but it needs permitting and a drawing from an engineer. We are looking into getting pricing from engineers. A drawing from an engineer will allow us to get multiple concrete bids and may allow us to pursue grant monies available for safety and security.



## **Board Report**

The Board of Trustees met on January 14, 2025, and accomplished a number of things:

**Monthly Reports**—Reviewed the Presidents Report, new Vice Presidents Report, Treasurers Report. Ministers Report and Coordinating Team Report.

**Task Forces**: The Policy Task Force reported that they discussed content and organization of policies and that of the policies in the Board Book given to Board members. The Pledge Drive Task Force met to discuss this year's theme and various details associated with executing the pledge drive. The Engagement Task Force met for the first time and has a lot of ideas about how to increase Board visibility and increase congregant engagement.

Dangerous/Disruptive Behavior Policies—The Board reviewed recommended changes, discussed in depth the titles of the people involved and suggested several changes.

**Finance Committee**—Jerry Carter and Sarah Shapard were approved and welcomed as new Finance Committee members.

**Board CT Retreat**—Planning is underway for this annual event in February. This year it will be held at Chalice.

**Sunday Service**--The Board agreed to accept responsibility for setting the number and time of Sunday service(s). Currently the one service at 10:00 am will be continued.



## **Group Announcements**

#### Women's Book Discussion Group

On February 18<sup>th</sup> at 6:30 pm the Chalice Women's Book Discussion Group will meet in the Hub or via Zoom to discuss *Demon Copperhead* by Barbara Kingsolver. If you are interested, please contact the office: office@chaliceuucongregation.org. Non-binary and trans women are warmly invited

#### Excerpt from Kirkus Review

"Inspired by *David Copperfield*, Kingsolver crafts a 21st-century coming-of-age story set in America's hard-pressed rural South.

It's not necessary to have read Dickens' famous novel to appreciate Kingsolver's absorbing tale, but those who have will savor the tough-minded changes she rings on his Victorian sentimentality while affirming his stinging critique of a heartless society. Our soon-to-be orphaned narrator's mother is a substance-abusing teenage single mom who checks out via OD on his 11th birthday, and Demon's cynical, wised-up voice is light-years removed from David Copperfield's earnest tone. Yet readers also see the yearning for love and wells of compassion hidden beneath his self-protective exterior.

Like pretty much everyone else in Lee County, Virginia, hollowed out economically by the coal and tobacco industries, he sees himself as someone with no prospects and little worth. One of Kingsolver's major themes, hit a little too insistently, is the contempt felt by participant in the modern capitalist economy for those rooted in older ways of life. More nuanced and emotionally engaging is Demon's fierce attachment to his home ground, a place where he is known and supported, tested to the breaking point as the opiate epidemic engulfs it.

Kingsolver's ferocious indictment of the pharmaceutical industry, angrily stated by a local girl who has become a nurse, is in the best Dickensian tradition, and Demon gives a harrowing account of his descent into addiction with his beloved Dori (as naïve as Dickens' Dora in her own screwed-up way). Does knowledge offer a way out of this sinkhole? A committed teacher tries to enlighten Demon's seventh grade class about how the resource-rich countryside was pillaged and abandoned, but Kingsolver doesn't air-brush his students' dismissal of this history or the prejudice encountered by this African American outsider and his White wife. She is an art teacher who guides Demon toward self-expression, just as his friend Tommy provokes his dawning understanding of how their world has been shaped by outside forces and what he might be able to do about it.

An angry, powerful book seething with love and outrage for a community too often stereotyped or ignored."



#### Dine Out Group

We meet the 4th Tuesday of the month. Dine Out will meet at Chin's

Restaurant located at 15721 Bernardo Hts. Pkwy. at 6:00 pm on February 25th. If you are interested, please contact the office: office@chaliceuucongregation.org. Singles and couples are welcome for conversation, catching up and getting acquainted. This is an open group that enjoys breaking bread together.



#### Memoir Writing Group

The Memoir Writing Group currently meets via Zoom on the fourth Friday of the month at 10 AM. The meetings last 1 ½ hours. If you are interested, please contact the office: office@chaliceuucongregation.org.

Graham Greene wrote "There is always one moment in childhood when the door opens and lets the future in." Can you think of such a moment in your life? Perhaps you have more than one.

You are invited to join us when we meet again on the fourth Friday of February.

#### Ladies Out to Lunch

The Ladies Out to Lunch group will meet on Friday, February 21 at Dumplings N More, located at 1507 East Valley Parkway in Escondido. The restaurant is in the strip mall in the Albertson's shopping center. We meet at 11:30 AM and welcome newcomers. If you are interested, please contact the office: office@chaliceuucongregation.org



#### Circle Suppers

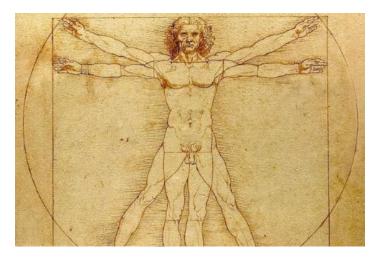
Circle Supper is coming, I've thought it through.

I can afford something to chew
Some beverages - quite tasty too.
So come around, if you don't mind
And join us, be so kind.

Please consider being part of the Circle Suppers where we share some food and conversation with other Chalice members. These suppers are held on the 3<sup>rd</sup>. Saturday each month. If you are interested, please contact the office: office@chaliceuucongregation.org

#### **Humanism Discussion Group**

Humanism is a philosophy that places humans and their well-being at the center of attention. It emphasizes the significance of reason, ethics, and compassion in guiding our lives, rather than relying on supernatural beliefs. Humanism acknowledges the potential for humans to create positive change and emphasizes the importance of social justice, equality, and the pursuit of knowledge. We seek to understand this



universe in which we find ourselves and discover what is and what things matter.

The Humanism Discussion Group meets the third Wednesday evening of the month from 7 to 9 pm in the Blue Room at Chalice and on zoom. We invite everyone, regardless of their background or beliefs, to participate in these enlightening conversations.

If you are interested in Humanism or just curious what it is about, please consider joining us for our next discussion group. There are also many resources on the web including the American Humanist Association and the Freedom from Religion Foundation.

If you are interested, please contact the office: office@chaliceuucongregation.org.

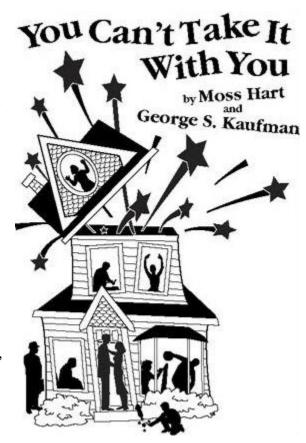


#### Readers' Theater

We meet monthly to sight-read plays for fun. We draw roles at random so we can read a variety of plays that interest us and rarely fit our exact number and demographics. If you are comfortable sightreading aloud and willing to step into roles and situations that may be out of your comfort zone, you might want to give us a try! If you are interested, please contact the office:

office@chaliceuucongregation.org.

Our next gathering will be held on Monday, February 24th at 6:30 p.m. via Zoom, when we'll be reading *You Can't Take It With You: A Comedy in Three Acts*, by Moss Hart and George S. Kaufman. It's a story of the exploits of an eccentric New York City family. For years after it premiered in 1936, *You Can't Take it With* 



You was one of the most popular plays of its time, winning the 1937 Pulitzer Prize for Drama as well as an Academy Award for its film version in 1939.

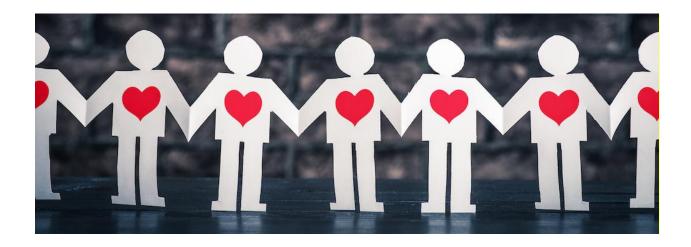


### **Information**

#### **MEMBERSHIP**

Official membership is not required for participation in most Chalice activities, but there may come a time when you hear a voice inside saying, "This is my religious home. I want to support it." If so, it may be time to think about making the commitment of membership.

To learn more about membership, contact Kathleen Swift, our Office Administrator, by email at office@chaliceuucongregation.org.



Chalice Web Site: <a href="https://chaliceuucongregation.org">https://chaliceuucongregation.org</a>
Address: 2324 Miller Avenue; Escondido, CA; 92029

**Phone:** 760.737.0393

PrevUUs is published monthly by Chalice Unitarian Universalist Congregation. The complete newsletter is distributed via email to members and posted on the Members Only section of the website. An edited version (without congregant contact information) is posted on the public section of the website. Paper copies are available per request. Deadline is the 24th of the month.

Submit articles by the 24<sup>th</sup> of each month to: Office@chaliceuucongregation.org
With much gratitude to our Editorial Team:
Hope Campbell, Callie Leef, and Andi Stout.



## **Calendar for February 2025**

Sun	Mon	Tue	Wed	Thu	Fri	Sat  1 8A WW 9A Karate 10A Music Committee 12:30 Piano Recital
2 10A Worship 11:15A Coffee Hour 12P Social Justice Meeting 12P Emerging Adults	3 7:30P Unity Gruuve	9:45 Indie Sol 10A Policy Reorg. TF 12P Zoom Lunch	5 8A W.W. 9A Men's Breakfast 9:45 Indie Sol 1P Finance 4P CT 5P Karate	9:45 Indie S. 10:30A Women's Meditation 1P Legacy 6:30P Chimes 7:30P Choir	7	8 8A W.W. 9A Karate 10A Board/CT Retreat
9 10A Worship 10A K-9 RE 11:15A Coffee Hour 12P Emerging Adults 12P Improv. Practice	10 7:30P Unity Gruuve	9:45 Indie Sol 12P Zoom Lunch 3P Sol Intentions 6:30P Drum Circle 7P Board of Trustees	12 8A W.W. 9A Men's Breakfast 9:45 Indie Sol 5P Karate 6:30 Men's Support	13 9:45 Indie Sol 10:30A Women's Meditation 6:30P Chimes 7:30P Choir	14 12P Elder's Lunch	15 8A W.W. 9A Karate 10A Worship 6P Circle Supper
16 10A Worship 10A K-9 RE 11:15A Coffee Hour 12P Emerging Adults	17 7:30P Unity Gruuve	9:45 Indie Sol 12P Zoom Lunch 6:30 Women's Book Discussion	19 8A W.W. 9A Men's Breakfast 9:45 Indie S. 1P Fiber Art 4P CT 5P Karate 7P Humanist	9:45 Indie Sol 10:30A Meditation 6:30P Handchimes 7:30P Choir	21 11:30 Ladies Out to Lunch	22 8A W.W. 9A Karate
23 10A Worship 10A K-9 RE 11:15A Coffee Hour 12P Emerging Adults	24 6:30P Readers' Theater 7:30P Unity Gruuve	25 9:45 Indie Sol 12P Zoom Lunch 6P Dine Out 6P Online Presence	26 8A W.W. 9A Men's Breakfast 9:45 Indie Sol 5P Karate	27 9:45 Indie Sol 10:30A Meditation 6:30P Handchimes 7:30P Choir	28 10A Memoir Writing	

