



March 2024 NEWSLETTER

Welcome!

Volume #25 | Issue #3 | Chalice Unitarian Universalist Congregation

Inside This Issue

- PG. 2**
Sunday Worship Schedule
- PG. 3**
Minister's Message
- PG. 5**
President's Column
- PG. 6**
Music Program
- PG. 9**
Solar Panel Celebration
- PG. 10**
Unsung Heroes of Chalice
- PG. 11**
Benefits of Memoir Writing
- PG. 13**
Coordinating Team Report
- PG. 14**
Board Report
- PG. 15**
Group Announcements
- PG. 18**
Membership and Submissions
Information
- PG. 19**
Calendar of Events



Aquamarine Birthstone for March

You don't have to think about
doing the right thing. If you're for
the right thing, then you do it
without thinking."

— Maya Angelou, *I Know Why the
Caged Bird Sings*

SUNDAY SERVICES SCHEDULE

Sunday Service
9 and 11 AM. Online on Zoom 9 AM
Zoom Meeting ID: 832 129 662
<https://uuma.zoom.us/j/832129662>

After-worship COFFEE HOUR
Stay in the same Zoom site as Sunday Service

March 3 – Rev. Sharon Wylie
“Sermons with Spoilers: Dogma”
This is the third in a series of sermons in which Rev. Sharon shares her thoughts and analyses of religious-themed movies and tv shows.

March 10 – Rev. Sharon Wylie
“Answering the Call of Love” All-Church Service
One of our UU hymns declares “we are answering the call of love.” This morning we will consider and share with each other how and where our values call us.

March 17 – Lay-Led Service
“Individualism and ‘I’m the Only One’” (Liberation #7)
This is the seventh in an 11-part worship series reflecting on the characteristics of white supremacy culture as described by trainer and teacher Dr. Tema Okun on her website www.whitesupremacyculture.info. This service is led by a group of Chalice congregants.

March 24 – Rev. Rayna Hamre, pulpit guest
“All Shall Be Well”
After a series of intense visions, Julian of Norwich penned the words “*All shall be well, and all shall be well, and all manner of things shall be well.*” In the 1300’s, Julian experienced the devastations of plague, famine, and war. Explore our common humanity with people from earlier times who also faced uncertainty and loss. One of our Universalist ancestors, Julian’s words of hope and her description of ‘Mother God’ have joyfully resonated with readers of different faiths for nearly 700 years.

Rev. Rayna Hamre serves as the Affiliated Community Minister at the UU Church in Anaheim.

March 31 – Rev. Sharon Wylie
“The Mystery of Easter”
A reflection on Easter. The handchimes will be playing today.



Minister's Message

At our February Elders Lunch, it came up that there has been a rise in mental health struggles and feelings of loneliness coming out of the pandemic (those things existed before 2020, of course, and then the pandemic made everything worse). And of course, in congregational life we are often carrying a certain amount of grief for loved ones gone.

I was asked how I take care of myself. I think the question was 50% “we want to make sure you are taking care of yourself as you provide care to other people” and 50% “you are someone who thinks about self-care a lot, tell us your insights!” Ministers are prone to burn-out and compassion fatigue, so we get lots of training and support about taking care of ourselves.

I realized in chatting about it that my self-care plan is multi-pronged. I never want to have all my eggs in one basket, so to speak, because any one part of the plan can go awry: I don’t want skipping a lunch date to turn into a personal crisis. So here are some of the parts and routines of my regular self-care.

Social time with friends and family. I have a monthly lunch date with my closest friend. My dad and siblings are local to me, and we text and get together regularly. There are some social gatherings available to me in my neighborhood; I haven’t had time (or felt the need yet) to widen my social circle, but I am glad to know this possibility exists.

Time with colleagues. I currently have two monthly zoom gatherings with different collegial groups for shared learning and discussion. There are two in-person UU ministerial gatherings a year in the Pacific Southwest area, and attending those is a high priority for me. There are more opportunities for support and connection through the UU Ministers Association (UUMA) should I need something more.

Spiritual direction. I am not currently working with a spiritual director, but I have done so in the past (during and after sabbatical, most recently) when I’ve wanted guidance on working through spiritual questions. I’ve also worked with a therapist when I’ve wanted guidance on working through emotional issues. It is good to remember that professionals exist to help us when we’re ready to do certain kinds of personal development.



Rev. Sharon Wylie
Minister



I don't skip meals. I don't always have time and energy to make every meal healthy and delicious, but I do not, for any reason, skip a meal. I also keep an assortment of snacks on hand to keep my energy up through the afternoon. I always have a meal replacement bar—different from a snack bar!—in my purse if needed.

Regular exercise. I have been taking 4-5 Pilates classes a week for a year now and am very grateful for this combination of strength training and stretching. I also try to include a couple of walks each week.

I sleep well. I preached “Lessons from My Depression” this past October and described in some detail the time and attention (and medication) it took for me to get a good night's sleep. But the happy result of all that work is that I now regularly sleep well, seven or more hours a night. There are few things more disruptive to our health and well-being than sleeping poorly.

I have an engrossing hobby. I'm a Padres fan. The exhilarating highs! The debilitating lows! The camaraderie with other fans! It is good to let the cares of the world fall away for a few hours at a time as I root for my team.

Monthly massage. It is lovely to have a regular massage appointment on my calendar. (Tip: You can save money by getting massage at a student clinic of Healing Hands Massage School. They have an Escondido location.)

I go on vacation! One of the hard parts of the pandemic is that vacation was largely impossible. Even if you could find a way to travel safely (by camping, for example), the heaviness of the pandemic was still always there. It has been a relief to be able to relax again—I have four weeks of vacation and four weeks of study leave each year—and I am excited that my husband and I will be on vacation in South Korea for part of this month. The last time we took a trip outside the country was 2018, so it's been a while. We have another big trip planned for August (to the Galapagos Islands and Machu Picchu) and are looking forward to that too.

So those are the nine baskets I put my self-care eggs in. I don't use or need all of them all of the time, but taken together, these practices help keep me on an even keel.

Blessings,
Sharon



President's Column

The Chalice Board of Trustees are busy completing various projects and preparing for the annual congregational meeting scheduled for Sunday, June 9. Some of us are also serving on the Pledge Drive Task Force to secure funding for another beautiful Chalice year.

The Board of Trustees met with the Coordinating Team for the annual CT/Board retreat last month. From that, we had some clear themes that we are working into goals for the coming year. They include:

- **We are a people of connection.** We are working towards being a welcoming community who offers interesting paths for our congregants to bring their whole selves into church life.
- **We are a people who are lifelong learners.** We would love to see religious education for people of all ages. We are proud of our antiracism work and desire to learn more.
- **We are a people of intention.** We want to develop relationships with our wider community as true partners.

We held a series of visioning sessions last month and they were a big hit! Held both in person and over zoom, our community answered the questions:

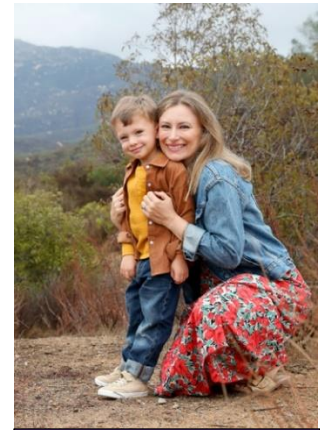
- Who shall we invite to join us, and how do we mean to change their lives?
- What programs would you like that Chalice does not currently have and how would you improve the programs we already have?

We are still working to organize the responses, but what we hear overall is that there is a desire for connection and education, support for some of our special interest and identity groups (BIPOC folks and parents), and having greater impact on our community.

While all of that is going on, our Bylaws Task Force is busy refining some needed and overdue suggested changes to our Chalice by-laws. We are still working that out amongst our Board, but I hope to have more details when they are more finalized next month.

Should you have any questions, feel free to reach out. We welcome anyone to attend a Board meeting if you're interested in learning more. They're held the second Tuesday of the month at 7pm.

In love and service,
Kate



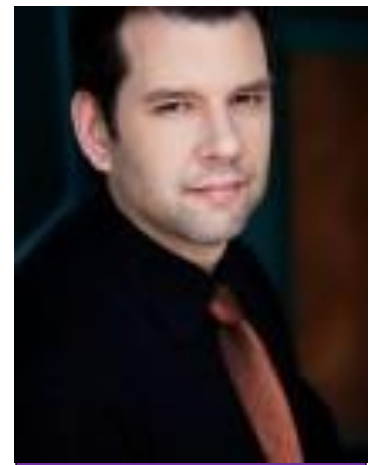
Kate Vereb
Board President



Music Program

In-CHOIR-ing Minds Want to Know!

March is Women's History Month, celebrated in the United States, the United Kingdom and Australia. What first began as "Women's History Day" in Sonoma County, California in 1978, and later became Women's History Week in 1980, finally became Women's History Month in 1987. It highlights the contributions of women to events in history and contemporary society.



Tim McKnight
Music Director

As Unitarian Universalists, we believe it is important to highlight the artistic contributions of women year-round.

Women's History Month provides additional opportunities to do so. On March 3rd, the Chancel Choir will perform an original composition called *Oceans and Stars* by Connecticut composer Amy F. Bernon. Bernon is a successful composer, teacher, director and pianist who is highly in-demand, receiving commissions from choirs around the world.

Here is what the composer has to say about *Oceans and Stars*:

In this song, the singers ask, "Friend, what will you see on your long journey? River, what adventures do you seek...?" Paralleling the voyages we make through life with those of a river to the sea, *Oceans and Stars* offers singers and listeners thoughtful questions to contemplate.

March 31st is Easter Sunday, and the Sunday services will be filled with special music on this special day! The Chancel Choir will be singing the timeless song "What a Wonderful World." The Handchime Ensemble will be playing an arrangement of Erik Satie's beautiful "Gymnopedie #1" which, despite its unusual title (Satie actually invented the word "Gymnopedie"), is one of the most recognizable classical pieces ever composed. Also on March 31st, Susan Spoto will be playing the Spring movement from Vivaldi's *Four Seasons*.

March's Hymn of the Month

The Hymn of the Month for March is #1014 in the teal hymnal, "Answering the Call of Love" by the prolific UU composer Jason Shelton. If you looked in your teal hymnal right now, you would find that the name of hymn #1014 is "Standing on the Side of Love."

That was the original name of the song. That version of the song was adopted by the UUA as an anthem for marriage equality in the early 2010's. It was sung at state capitols across the country, and many UU's still have their yellow "Standing on the Side of Love" T-shirts which represented a movement that for a time was the public face of Unitarian Universalism.



Despite the song's popularity and importance to UU's across the country, in 2016 Shelton decided to change the name and associated lyrics of the song from "Standing on the Side of Love" to "Answering the Call of Love." Why the change? A Fall 2017 article in *UU World Magazine* provides some insights:

For years the Rev. Jason Shelton had heard rumblings about his song "Standing on the Side of Love." People with disabilities felt excluded by the words. Shelton, who just completed nineteen years in music ministry at First Unitarian Universalist Church in Nashville, Tennessee, had even heard that the song had been unofficially banned at General Assembly.

After thinking more about his song, in August 2016 Shelton decided to change the lyric to "Answering the Call of Love." The vowels and syllables scanned, and he believes, the new words make a more flexible metaphor.

"There's a larger conversation around liturgical language as metaphor that we need to have," he says. "But we're not going to have it if the people who hold power treat language as sacred, unchangeable text. How do you move toward equalizing power? I decided I could sacrifice one of my darlings."

The new lyrics are not optional, and they are not alternate lyrics or additional lyrics. Although there has been much debate and discussion over whether Jason Shelton should have made the change, what really matters is that he did. The composer himself changed the name of the song, so the new title and lyrics should be honored by anyone who sings the song moving forward.

Keyboard Kaleidoscope 6 Concert Rescheduled from 2020 Auction!!

The Keyboard Kaleidoscope Concerts have become some of the most highly-anticipated and well-attended musical events at Chalice. Keyboard Kaleidoscope 6 was originally scheduled for September of 2020, only to be canceled due to the pandemic. But now the performance has been rescheduled for June 15, 2024!

Keyboard Kaleidoscope 6 will feature more performers than ever, playing a mind-boggling array of music for 1, 2, 3, 4, 5, 6 and 8 hands! As always, you'll hear a huge variety of musical styles, plus we'll throw in delicious refreshments, a *Piano Puzzlers* audience contest with prizes, and more! You won't believe your ears!

Do not miss this very special event! Join us on Saturday, June 15th @ 2:00pm in the chapel. If you purchased a ticket for this concert back in the 2020 Chalice Auction, it will be honored for this performance. If not, you can reserve a seat for just \$25 by e-mailing music@chaliceuucongregation.org.





Keyboard Kaleidoscope 5 took place in 2017, featuring pianists Tessa Heunis, Tim McKnight, Deborah Morton and Kye Perry playing to a packed house at Chalice.

Sunday Worship Music – March Highlights

Mar 3: The **Chancel Choir** will present “Oceans and Stars” by Amy Bernon. **Tim McKnight** will be our worship musician.

Mar 10: **John Schulz** will be our worship musician.

Mar 17: **John Schulz** will be our worship musician.

Mar 24: **John Schulz** will be our worship musician.

Mar 31: The **Chancel Choir** will present “What A Wonderful World” by George David Weiss and Bob Thiele, arranged by Andy Beck. **Tim McKnight** will be our worship musician. The Hand Chimes will play Gymnopedie #1.

Looking Ahead

Travel Songs, Original Songs, and More Auction Event....Saturday, March 23 @ 6p
 Music Service Sunday, May 12 @ 9a & 11a
 Keyboard Kaleidoscope Auction Event Saturday, June 15 @ 2p
 Chancel Choir RehearsalsThursdays @ 7:30p in the Chapel
 Handchime Ensemble Rehearsals Thursdays @ 6:30p in the Hub



We're having a SOLAR PANEL CELEBRATION!!!



**Between Services: 10-11 a.m. on
Sunday, March 3rd**

**Cake!
Dedication Words!
Piñata at 10:30!**

**Also between services: Have your photo taken
in the Blue Room for the Chalice directory**



Unsung Heroes of Chalice

This is a picture of a beautiful succulent located to the left of the top of the parking lot stairs. Paul Courtright, an unsung hero, has put in many hours of work on the Chalice campus and this is one result. Thanks, Paul!

We have many unsung heroes at Chalice—from the Greeters, the coffee and clean-up people, our worship team, our RE volunteers, Board and CT members, and so many more. If you have an unsung hero that you would like to lift up, please send it to me (Kathleen) at office@chaliceuucongregation.org. We appreciate all our volunteers, but sometimes people go under the radar, and I would love to start acknowledging more of you.



The Benefits of Memoir Writing

One of the many initiatives driven by our dear Alice Dodd, was a memoir writing group. In her absence, we would like to acquaint the congregation with the benefits of writing about your life and invite you to join a memoir writing group.

Rather than an autobiography, which chronicles one's life beginning at birth, a memoir is a gathering of stories about your life. Like all writing, recording memories extends us internally and externally. And both of those directions illuminate the benefits of writing your life. Externally, a memoir provides a legacy to your family, friends, and the larger world. It provides an opportunity to share your world view, experiences, and wisdom with others, and connects you with those who might have similar experiences. Although you may not realize it, your experiences can provide comfort or inspiration to others, and strengthen the bonds of community.

Perhaps surprisingly, even greater benefits may be found internally. Writing down a memory directs you to focus and be accurate about events. You will likely find how vague and tangled memories are when they are just stored in your mind. The act of committing them to paper allows them to blossom into much fuller, more alive stories and keeps your brain agile. Everyone recognizes that not all experiences are pleasant, but writing down even the most knotted, difficult experiences provides a sense of clarity and a degree of resolution. Writing your life is transformative.

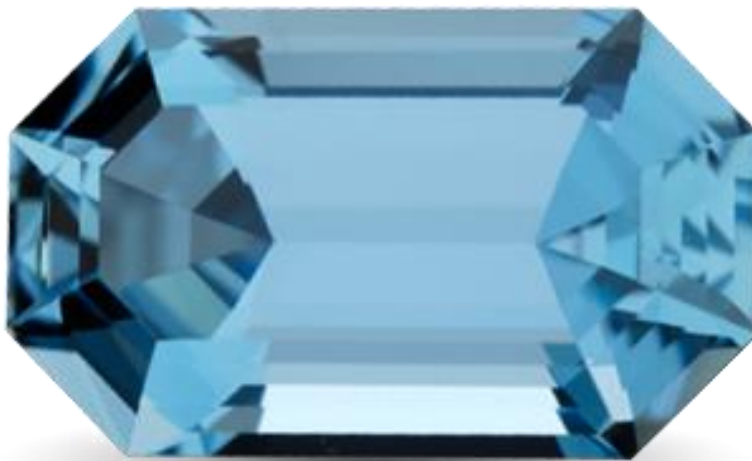
“Recording our experiences in a notebook or on a laptop not only provides catharsis but also helps us make sense of them, explains Alison Armstrong Taylor. Just the act of organizing your past ...can help you see your life in a different way. ... According to neuroscientists, it can even change your brain's organic structure.... Our life stories are more than “hardships and challenges.” Memoir writing helps us rebuild a sense of gratitude for our strengths, achievements, and blessings. At the same time, looking back at the past “helps you realize what you still haven't done and what priorities you have moving forward,” Armstrong Taylor says.



The Memoir Writing Group currently meets via Zoom on the fourth Friday of the month. The meetings last 1 ½ hours. It is important to note that this is a writing group, rather than a talking group. Memories should be written down to be read aloud. Active listening is a benefit to all, but criticism or judgement is discouraged, unless requested. Because these are our stories to tell, all of our interactions are confidential.

If you are interested in joining us, please contact Emily.

P.S. If you don't think you have anything to write about, don't worry, we have dozens of topic prompts that we will be sharing in the newsletter in the future. Even if you don't want to join a group, try your hand at one of these suggestions: When you think of the word "home," what comes to mind? What song always brings back a particular memory?



Coordinating Team Report

Goal: As a congregation, we commit to supporting families, in all their incarnations, with emphasis on families with children and youth in RE and on intergenerational relationships by creating, maintaining, and strengthening appropriate programs.

- The “parents lounge” meets on the first Sunday of the month at 10:30 a.m. (started meeting in November). There were 5 people at the February 4th gathering.
- The next Parents Night Out (childcare) is scheduled for February 17.

Goal: Facing challenging financial times after the building of the Hub followed by the pandemic, it is necessary that all Chalice congregants deeply understand and participate in creating a sustainable and generous financial environment.

- Pledge drive task force is meeting monthly. Our pledge drive “Let Your Love Flow” will run from March 24th through April 21st.

Goal: Our commitment is to support our anti-racist work and the building of a beloved multicultural community. We will use existing and additional resources to encourage the reconciliation and expansion of involvement among all groups and congregants.

- Our Spirit Study groups are meeting for study and reflection. Our fifth lay-led Spirit Study service (“Fear of Open Conflict and Right to Comfort”), led by a group of Chalice congregants, was held February 11.
- Coordinating Team is planning a forum for communal discussion of returning the Black Lives Matter flag to the flagpole.

Oversight of Chalice programs and committees:

- Our January 13th Council of Chairs meeting had a discussion topic of “Running a Good Meeting.” We have compiled a list of “best practices” for meetings and will email it to our email list for Chalice leaders this week. It will be posted on the Leaderboard website.



- Carpets in the chapel and the Hub have been cleaned.
- A new keypad has been installed on the main Hub door. This keypad allows us a greater level of security, and individual congregants will have their own codes, allowing us to know who entered the building and when.
- The Fellowship Building has a new refrigerator.
- Rev. Sharon notified the congregation via email that we will no longer send out notifications when a congregant who attended a recent Chalice event has subsequently contracted Covid.

Memorial Wall Task Force:

- Rev. Sharon and Susan Spoto will meet soon to discuss how to get this work (long on the back burner) going again.

Powering into the Future (Spirit Level grants):

- The solar panels have been installed! We hope to have a celebration (tentatively March 3).
- All four Hub meeting rooms are now able to have multi-platform meetings.

Board Report

Much of the work of the Board of Trustees deals with visioning how our programming is developed. Some of you have participated in the small group meetings where your concerns have been carefully noted and incorporated into what will become our Vision Statement. Your input is valuable. It gives the board a wide view of the needs of our community.

In the next few weeks, you will again be asked to look at the changes that are being offered to update and clarify our bylaws. You will see changes in inconsistent wording and a few changes to our general organization. Again, it is very important that you attend these small group meetings where we – as board members – will have a chance to understand your issues. Watch for the announcements of these meetings.



Group Announcements

On March 19th at 6:30 pm the Chalice Women's Book Discussion Group will meet in the Hub or via Zoom to discuss *Lessons in Chemistry* by Bonnie Garmus. If you are interested, please contact Mary for the Zoom information. Non-binary and trans women are warmly invited.

Excerpt from the New York Times review:

LESSONS IN CHEMISTRY, by Bonnie Garmus, is a debut novel about a scientist in the 1960s who is opinionated, funny and intelligent, full stop. Unfortunately, Elizabeth Zott has been unceremoniously and brutally sidelined by male colleagues who make Don Draper look like a SNAG (Sensitive New Age Guy).

How, exactly, she was cheated out of a doctorate and lost the love of her life — Calvin Evans, a kindred scientist, expert rower and the father of her daughter, Madeline — are central elements in the story, but feminism is the catalyst that makes it fizz like hydrochloric acid on limestone.

Elizabeth Zott does not have “moxie”; she has courage. She is not a “girl boss” or a “lady chemist”; she’s a groundbreaker and an expert in abiogenesis (“the theory that life rose from simplistic, non-life forms,” in case you didn’t know). Not long after Zott converts her kitchen into a lab equipped with beakers, pipettes and a centrifuge, she gets hoodwinked into hosting a staid television cooking show called “Supper at Six.” But she isn’t going to smile and read the cue cards. Zott ad-libs her way into a role that suits her, treating the creation of a stew or a casserole as a grand experiment to be undertaken with utmost seriousness. Think molecular gastronomy in an era when canned soup reigned supreme. Baked into each episode is a healthy serving of empowerment, with none of the frill we have come to associate with that term.

In addition to her serious look at the frustrations of a generation of women, Garmus adds plenty of lighthearted fun. There’s a mystery involving Calvin’s family and a look at the politics and dysfunction of the local television station. There’s Zott’s love affair with rowing and her unconventional approach to parenthood and her deep connection to her dog, Six-Thirty.

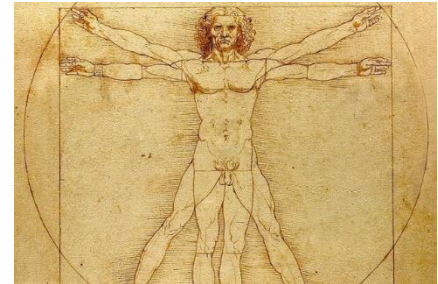
Still, beyond the entertaining subplots and witty dialogue is the hard truth that, in 1961, a smart, ambitious woman had limited options. We see how a scientist relegated to the kitchen found a way to pursue a watered-down version of her own dream. We see how two women working in the same lab had no choice but to turn on each other. We meet Zott’s friend and neighbor, Harriet, who is trapped in a miserable marriage to a man who complains that she smells.



“Lessons in Chemistry” will make you wonder about all the real-life women born ahead of their time — women who were sidelined, ignored and worse because they weren’t as resourceful, determined and lucky as Elizabeth Zott. She’s a reminder of how far we’ve come, but also how far we still have to go..

Humanist Discussion Group

Humanism is a philosophy that places humans and their well-being at the center of attention. It emphasizes the significance of reason, ethics, and compassion in guiding our lives, rather than relying on supernatural beliefs. Humanism acknowledges the potential for humans to create positive change and emphasizes the importance of social justice, equality, and the pursuit of knowledge.



The Humanism Discussion Group meets every third Wednesday evening of the month from 7 to 9 pm in the Blue room at Chalice and on zoom .We invite everyone, regardless of their background or beliefs, to participate in these enlightening conversations.

We have been discussing books suggested by our participants. So far we have discussed “The Sacred Depths of Nature” by Ursula Goodenough; “The Tao of Pooh and The Te of Piglet” by Benjamin Hoff; and we are currently discussing “21 Lessons for the 21st Century” by Yuval Noah Harari.

In addition to book discussions, we also discuss a variety of topics such as “how Humanists handle the holidays” and “the role of culture in forming our morals and ethics”. I also find interesting short science videos to discuss.

If you are interested in Humanism or just curious what it is about, please consider joining us for our next discussion group. There are also many resources on the web including the American Humanist Association and the Freedom from Religion Foundation.

Contact Tom Carlstrom for comments or questions.

Dine Out Group

We meet on the 4th Tuesday each month. The Dine Out group will meet at Capri Blu restaurant located at 10436 Craftsman Way San Diego (4S Ranch) at 6:00 pm on March 26th.

Please RSVP to Cindy before March 21st so she can make reservations. Singles and couples are welcome for conversation, catching up and getting acquainted. This is an open group that enjoys breaking bread together.



Circle Suppers

Each month a group of Chalice members and friends gather in the homes to share a meal and spend time in an informal setting. The suppers are scheduled for the third Saturday evening every month. The process is simple. One group member offers their home and prepares the main course. The other people attending bring other parts of the meal. It's that simple.

It is our hope that we can expand the membership of this group. The way you can join is to contact Emily for further information.

Concert Announcement:

Chalice Auction Concert tickets are Still Available for Saturday March 23, 2024, 6-8 pm in the Chapel!

Come join Tom Carlstrom and John Schulz as they present an eclectic evening of songs centered on the theme of travel. There will be sing-a-longs (to get your juices flowing), ballads (to tear your heart out), oldies (to bring a tear to your eye) and originals (to challenge your mind). There will be light refreshments and soft drinks. Wine and beer will be available for a donation.

Tickets are \$20 and children under 15 years are free. Email Tom at to reserve your spot. Pay cash at the door or text your donation to 760-280-9599 and include the word "auction" after the dollar amount. If you have already signed up at the auction, no further action is required. We'll see you at the concert!

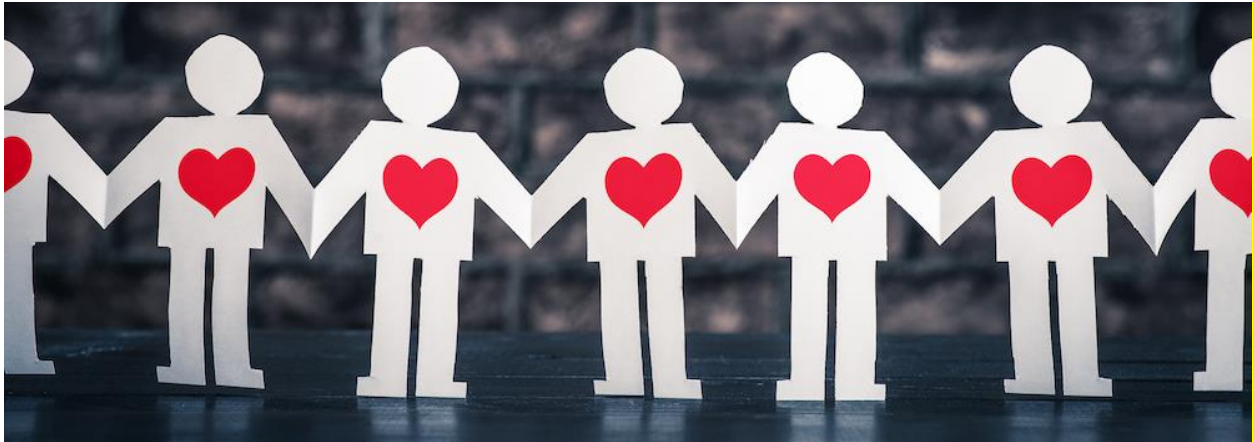


Information

MEMBERSHIP

Official membership is not required for participation in most Chalice activities, but there may come a time when you hear a voice inside saying, “This is my religious home. I want to support it.” If so, it may be time to think about making the commitment of membership.

To learn more about membership, contact Kathleen Swift, our Office Administrator, by email at office@chaliceuucongregation.org.



Chalice Web Site: <https://chaliceuucongregation.org>

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Phone: 760.737.0393

PrevUUs is published monthly by Chalice Unitarian Universalist Congregation. The complete newsletter is distributed via email to members and posted on the Members Only section of the website. An edited version (without congregant contact information) is posted on the public section of the website. Paper copies are available per request. Deadline is the 24th of the month.

Submit articles by the 24th of each month to: Office@chaliceuucongregation.org

**With much gratitude to our Editorial Team:
Hope Campbell, Callie Leef, and Andi Stout.**



Calendar for March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 8A WW 10A Music Committee
3 9 & 11 A Worship 9A K-9 RE 10A & 12P Coffee Hour 10:15 Celebration 10:30 Parent Lounge 12 P EA Group	4	5 9:30A I.Sol 12P Zoom Lunch 7P Exec. Board	6 8A W.W. 9A Men's Breakfast 9A I.Sol 4P CT 7P Finance	7 9:30A Private 10:30A Women's Meditation 6:30P Hand Chimes 7:30P Choir	8 12P Elder's Lunch	9 8A W.W. 9A Karate 5P Turk Dinner
10 9 & 11 A Worship 10A & 12P Coffee Hour 10:30 Hikers 12 P EA Group	11 1P Poetry	12 930A I.Sol 12P Zoom Lunch 7P Board of Trustees	13 8A W.W. 9A Men's Breakfast 9A I. Sol 5P Karate 6:30 Men's Support	14 9:30A I. Sol 10:30A Women's Meditation 6:30P Hand Chimes 7:30P Choir	15 11:30A Ladies to Lunch	16 8A W.W. 9A Karate 10A Worship 6P Circle Supper
17 9 & 11 A Worship 9A K-9 RE 10A & 12P Coffee Hour 12 P EA Group	18	19 9:30A I. Sol 12P Zoom Lunch 6:30 Book Club	20 8A W.W. 9A Men's Breakfast 9:15 I. Sol 1P Fiber Art 5P Karate 7P Human	21 9:30A I. Sol 10:30A Women's Meditation 6:30P Hand Chimes 7:30P Choir	22	23 8A W.W. 9A Karate 5P Concert
24 9 & 11 A Worship 9A K-9 RE 10A & 12P Coffee Hour 12 P EA Group 6:45 Bonfire	25 6:30P Readers Theater	26 9:30A I. Sol 12P Zoom Lunch 6P Dine Out 6P Online Presence	27 8A W.W. 9A Men's Breakfast 9A I. Sol 5P Karate 7P Prayer Circle	28 9:30A I. Sol 10:30A Meditation 6:30P Chimes 7:30P Choir	29	30 8A W.W. 9A Karate 4P Parents' Night Out
31 9 & 11 A Worship 9A K-9 RE 10A & 12P Coffee Hour 12 P EA Group						



