

November 2022 NEWSLETTER



Volume #23 | Issue #11 | Chalice Unitarian Universalist Congregation

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Chrysanthemum—one of
the flowers of November

“Autumn. The greatest
show of all times.”
– **Mehmet Murat Idan**
(Turkish playwright,
novelist, and thinker)

SUNDAY SERVICES SCHEDULE

Sunday Service at 10 am
Zoom Meeting ID: 832 129 662
<https://uuma.zoom.us/j/832129662>

After-worship COFFEE HOUR
Stay in the same Zoom site as Sunday Service

November 6—Rev. Sharon Wylie
“We Call Our Beloved Dead”

In many faith and cultural traditions, this is the season to remember and honor our ancestors and beloved dead. Today we gather for our annual remembrance service in memory and celebration of those who have gone before us.

November 13—Rev. Sharon Wylie
“Inside the Mind: Self and Parts”

This morning Rev. Sharon shares some of her learning from sabbatical, informed by a model of psychotherapy called “internal family systems.”

November 20—Rev. Sharon Wylie
“Chalice Soup and Founders Day”

Thanksgiving is a time to reflect on and to share our communal abundance, with special appreciation for our founding members.

This is the first service in our 8-part series “UU Values and Covenant,” exploring proposed revisions to the bylaws of the Unitarian Universalist Association.

November 27
“TBA”

Please check the Chalice website and Enuus for updated information on today’s pulpit guest.



Minister's Message

Beloveds,

I am so glad to return to you after my four months of sabbatical! I hope the time on your end has been rich and meaningful. For me, it has been restful and nourishing. I am so grateful to have had this time.

I never wanted to enter sabbatical with any kind of “plan,” and I’m grateful that Chalice leaders never asked me for one. For me, the whole point of sabbatical is to step outside the routines of scheduling and planning, striving and achievement. But in hindsight, of course, it is clear that anyone taking a sabbatical these days has an implicit or explicit plan of “recovering from pandemic stresses.”

Easier said than done.

“Resting” sounds simple enough, doesn’t it? I imagined sleeping in, enjoying time outdoors, and—as much as possible—staying out of my office and off my computer at home. And I did these things. But after my first month of sabbatical, I didn’t feel much more rested than when I began. I started to worry: What if “time off” wasn’t going to be enough to recover from the past few years? And what does “recover” even mean?

Thankfully, part of my sabbatical non-plan was meeting with a spiritual director every two weeks, so I had someone with whom to consider these questions. I’ve learned that there are seven types of rest: physical, mental, sensory, creative, emotional, social, and spiritual. It may not be enough, these days, to recognize that we need rest. Developing self-awareness of *what kind of rest* we may need is a powerful skill in this era of never-ending challenges, changes, and choices.

It helped me to realize that emotional and mental rest were what I needed most. That realization helped me to set aside the pile of books I had imagined myself reading. That realization also guided me in finding an assortment of enjoyable podcasts, tv shows, and movies,



Rev. Sharon Wylie
Minister



while staying away from the kind of heavy non-fiction I often seek out.

And then in October, I got to enjoy the luxury of being able to throw myself fully into watching my beloved San Diego Padres play in postseason games. I grew up going to Padres games with my parents and am a lifelong fan. I will always remember the fun of this special year, having the time available to be completely absorbed. It was a gift to me.

I'm looking forward to seeing and talking with you all as I get back to Chalice. I hope to see you soon.

Blessings and love to you,
Sharon

To schedule an appointment with Rev. Sharon:
Online: <https://calendly.com/revsharonwylie/>
Text or call: 619.871.9959
Email: swylie@chaliceuucongregation.org



Peony—another flower of November



Farewell from Rev. Dr. Greg

Fall is one of my four favorite seasons. Even here in the desert, the time brings with it noticeable changes in daily temperatures, length of daylight, and the general rhythms of life. While we and the world are always changing, never quite the same from moment to moment, fall is more pronounced with these changes.

Late October and early November are home to Halloween, All Souls Day, *Día de los Muertos* and countless other culturally specific traditions that take time to center the special place of our ancestors. These observances remind us that the separation between life and death, what we know with certainty and what we cannot know without lived experience, are part of an intricate dance that helps to shape our aspirations. In all things, I pray you aspire to work together for collective liberation.



Rev. Dr. Gregory C.
Carrow-Boyd,
CRE-ML,
Sabbatical Minister

Leavetaking

The transitions of fall also coalesce with my own departure from service to your congregation. I have so greatly enjoyed getting to minister with you over the past four months, first remotely and then in person. While I am no stranger to congregational service, this was my first time serving as sabbatical minister, and the delightful challenges and the joy were amplified by what a caring community you all form.

Part of leaving a congregation in our Unitarian Universalist tradition involves a period of no-contact following a ministry, so that the next or returning religious professional has the best chance at being successful. Rev. Sharon and I will discuss the period that I should have no contact with all of you. But rest assured, I will communicate any important ministry milestones to Rev. Sharon, and she will decide when and if that news is appropriate to share.

Several of you know me from my work at the national annual meeting of congregations, General Assembly. I have leadership role in the event



for 2023, so if you see me in person or online, feel free to greet me. I will be pleased to see you.

Gratitude

Finally, I want to take the time to thank the many staff and volunteers who helped to make our ministry together successful. You have incredibly talented leaders on your Board of Trustees, Coordinating Team, Safety Team, and Transformation Team. They are constantly thinking through how best to engage the congregation to enable sustainable change. It was an honor and a delight to peek into how you all get the work done. Thank you!

Sunday morning worship requires a literal army of paid staff and volunteers. Worship Associates, Worship Assistants, Song Leaders, additional musicians, the Tech Team and so many other thought partners were indispensable in crafting the shared spiritual experience that is the core of the congregational week. I have learned so much from each of you, and I appreciate each of you deeply.

Kathleen, Chris, and Tim, thank you for the laughs, the rambling conversations, and the encouragement to grow. Your deep commitment to this congregation as staff is undeniable, but your spiritual capacity is even more awe-inspiring. I will miss each of you very much and in unique ways. I look forward to crossing paths with you at a collegial gathering sometime in the future.

Chalice Unitarian Universalist Congregation, thank you for a successful ministry.

Farewell,

Rev. Dr. Greg



President's Column

A big Thank You to Rev. Dr. Greg as he departs after serving as our sabbatical minister for the past three months. I appreciated his heartfelt, thoughtful, and inspiring sermons as well as his gentle guidance for the Board of Trustees and the staff. I am sure he will do well wherever his life journey takes him next.

And a big Welcome Back to Rev. Sharon as she returns after her 4 month sabbatical. Although we did just fine in her absence, it is comforting to have her back, rested and refreshed.

The “Powering Into the Future” fundraising campaign for solar panels and technology hardware is underway. Chalice has received matching grants, so your contributions go twice as far. I encourage everyone to give generously to these projects that will help lead us into the future.

As mentioned in a previous column, the Board is reading a UUA publication “Mistakes and Miracles, Congregations on the Road to Multiculturalism” by Nancy Palmer Jones and Karin Lin. I encourage those of you interested in promoting and advancing our newly approved 8th Principle to join along in discussions of this topic.

As a UU atheist, I am also reading (at a congregant's suggestion) “The Sacred Depths of Nature” by Ursula Goodenough. It discusses how religions address two fundamental human concerns: How Things Are and Which Things Matter. A goal of the book is to present an accessible account of our scientific understanding of Nature and then suggest ways that this account can call forth appealing and abiding religious responses. The author is one of America's leading cell biologists, and has served as President of the Institute on Religion in an Age of Science. If nothing else, you will get a very interesting and up to date overview of biology! I look forward to discussions with you on the patio. Inspire, connect, act.

Blessings,
Tom Carlstrom, Board President



Tom Carlstrom
Board President



Family Ministries

The Chalice families attended two Multigenerational Services in October. On October 9th the children and teens had the opportunity to attend a special Indigenous-led service at Felicita Park. The service on October 30th included a Halloween celebration along with a focus on community.

In October the children enjoyed packing Halloween treat bags for the clients at Interfaith, one of our Charity Partners. We filled 48 bags with treats and a handwritten positive message. This year, dogs were also included, and many bags were made with dog food and doggie treats. The teens gathered to carve Halloween pumpkins and took part in activities led by Reverend Dr. Greg.

In November the morning RE group looks forward to congregants sharing their ideas and expertise during Sunday class. The children will enjoy a visit from Rita Hill who will share information about anaerobic digestion facilities, source reduction, recycling, and other practices that help our planet. Paul Courtright has an interesting lesson about immigrants that will be a jumping off point for great discussions. I know many congregants have special interests that they could share with children and youth. Please contact Chris if you are interested in helping at a RE class.



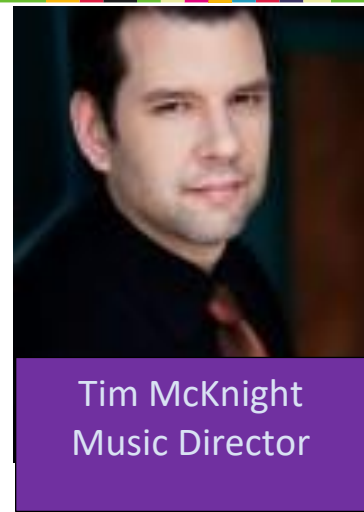
Chris O'Connor
Director of Family
Ministries



Music Program

Chalice Handchime Ensemble Welcomes New Members

The Chalice Handchime Ensemble is thrilled to participate in worship services again. Maybe you have thought, “What a beautiful sound! I’d like to be a part of that!” Well, now is a great time to join the ensemble. You do need to be able to read music, but under the direction of David Peale and Tim McKnight you will quickly pick up the technique. We still practice and perform in service fully masked, and covid vaccination is required. Rehearsals are Thursdays from 6:30p to 7:30p in the Rainbow Room of the Hub.



Sunday Worship Music – November Highlights

Nov 6: The **Handchime Ensemble** presents “Soliloquy” by Linda R. Lamb, and “In Memoriam” by John C. Dare. **Tim McKnight** will be our worship musician.

Nov 13: **Justin Gray** will be our worship musician.

Nov 20: **Justin Gray** will be our worship musician.

Nov 27: **Tim McKnight** will be our worship musician.

Looking Ahead

Chancel Choir RehearsalsThursdays @ 7:30p in the chapel
Handchime Ensemble Rehearsals Thursdays @ 6:30p in the Hub
Winter PartySaturday, Dec 3 @ 5:00p



Auction News

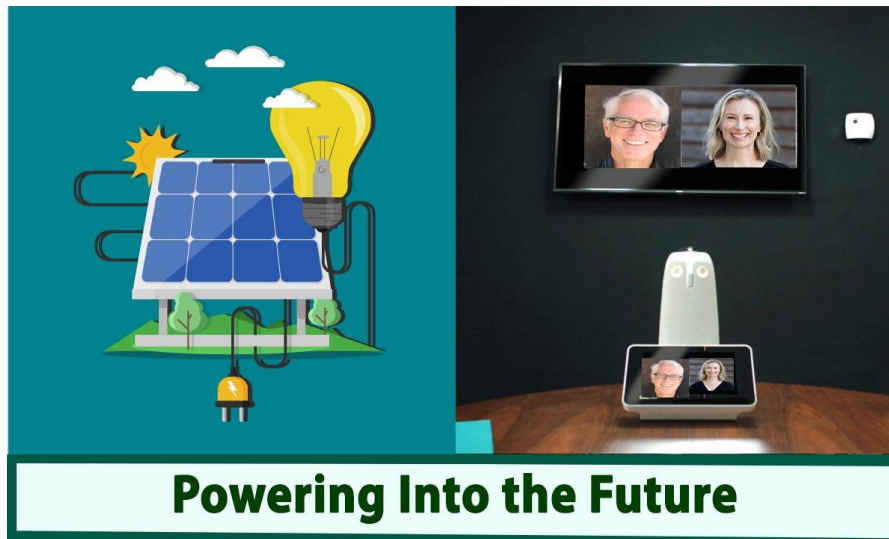
Great News! Next year's auction will be a combination of online and in-person. The online auction will start Sunday, March 5th, and end Sunday March 12. We will also have a live auction event with a smaller number of items/events available at Chalice on Saturday, March 11th.

Save those dates and start thinking about items you'd like to donate or events you'd like to host or co-host. It's never too early to think about the Auction!

Special thanks to the 2023 Chalice Auction Team: Lara Brown, Wendy Metzger, Jodi Roney, Andi Stout, and Judy Winn.

If you have any questions, please contact the Auction Team at chaliceauction@gmail.com





Our Powering into the Future campaign is feeling a little weak
With **just over \$11,000** raised we're still far from our peak
We have to raise thirty-two five and we're simply nowhere near
So if you haven't given, now's the time to show how much you care

Our Powering into the Future campaign is a Chalice UU must
And if we don't reach our campaign goal we'll be left in yesterday's dust
Thirty-two thousand five hundred bucks is what we're hoping for
'Cause If we don't upgrade our solar and tech, we'll be a campus dinosaur.

C'mon, please give. We need your help.

Here's how:

- Please send a contribution of any amount by check made out to Chalice UU Congregation with "Powering into the Future" in the memo line directly to Chalice UU Congregation at 2324 Miller Avenue, Escondido, CA 92029
- You can text your donation to (760) 280-9599. Be sure to include the word "Future" after the dollar amount.
- You can also donate to the campaign with a credit card through the Chalice website at <https://chaliceuuc.breezechms.com/give/online>.

(Donations to the "Powering into the Future" campaign are separate from your pledge donations and any excess funds collected will be added to our Reserve fund.)



Winter Party and Circle Suppers

Save the Date!! The Chalice **Winter Party** will be held on the Courtyard on Saturday, December 3rd from 5pm to 7pm. This will be an outdoor gathering filled with music and great food. Everyone can enjoy a potluck meal and visit with Chalice friends. Sign-ups for food, set up, and clean up coming soon!



Circle Supper will be held on November 19th this month. Yes, it is close to Thanksgiving, but a week before. Remember that we use the community potluck style of organization so that each person attending will help with the food preparation. So, if you would like to share an evening with other Chalice members – put this date on your calendar. If you are not on the email list (you do not get a monthly invitation), contact Emily.



Green Sanctuary Team

In this season of Thanksgiving, we give thanks for the Earth that supports us. What can we do to support the Earth? To drastically reduce Chalice's carbon footprint, we need the money to buy the solar system! A grant got us half-way there. Thanks to you we are almost two thirds of the way there. But we can't start work until many more of you step up with a contribution to the Powering Into the Future grant. Here's how to help—



- You can send a contribution of any amount by check made out to ChaliceUU Congregation with “Powering into the Future” in the memo line directly to Chalice UU Congregation at 2324 Miller Avenue, Escondido, CA 92029
- You can text your donation to (760) 280-9599. Be sure to include the word “Future” after the dollar amount.
- You can also donate to the campaign with a credit card through the Chalice website at <https://chaliceuuc.breezechms.com/give/online>.

(Donations to the “Powering into the Future” campaign are separate from your pledge donations and any excess funds collected will be added to our Reserve fund.)

Chalice Green Sanctuary meets the 4th Tuesday of every month at 6:30 p.m. We hold a monthly, full moon drumming circle on the Chalice campus. Contact us at Chaliceuucgreen@gmail.com



Coordinating Team Report

Anti-racism:

- Assisted the Transformation Team to prepare for the Oct. 9th worship service

Transitioning back to face-to-face interactions:

- All doors will be locked during service. There will be a Greeter stationed at the West End door.
- Reservations for in-person worship have been increased to 45

Oversight of Chalice programs and committees:

- We got the building permit for the Shade Sails.
- Kicked off the fall Fundraising: Powering into the Future

Board Report

- Explored the 8th Principle Accountability by assigning the Transformation Team to act as the facilitators.
- A team lead by Kate Vereb will address growth in engagement, membership, and revenues.
- Began the preparation of a five-year plan and associated goals ready for approval at the June 2023 Congregational Meeting.



Evacuation Drill at Chalice

On Sunday, October 23rd, Chalice held an evacuation drill at the end of the service. Those attending left the Chapel, Hub and Fellowship buildings and met at the corner of Miller and Hamilton in 2 minutes and 16 seconds from the announcement!! This drill tested new exit paths from the Chapel and Fellowship Building which are now surrounded with sidewalks. There will be additional drills in the upcoming months.



Group Announcements

Readers' Theater

We meet monthly to sight-read plays for our own education and enjoyment. We draw roles at random so we can read a variety of plays that interest us and rarely fit our exact number and demographics. If you are comfortable sight-reading aloud and willing to step into roles and situations that may be out of your comfort zone, you might want to give us a try! If interested, please contact Deb to get on the group's monthly mailing list.

Our next gathering will be held on Monday, November 28th at 6:30 p.m. via Zoom, when we'll be reading the drama *Trouble in Mind*, by Alice Childress.

Set in New York, 1955, a leading Black actress and a multiracial cast rehearse a challenging new Broadway play set in the South. Backstage rivalries and showbiz egos cause excitement of their own, but artistic differences between the cast and the White director soon bubble to the surface, revealing the truths that American drama covers over and the ways in which even well-meaning people can harm others under the guise of helping. Contains strong language. This play was performed at San Diego's Old Globe theater last spring!



Ladies Out to Lunch

The Ladies Out to Lunch group will meet on Friday, November 18 at California Pizza Kitchen, 200 East Via Rancho Parkway (North Westfield shopping center). The restaurant is located at the north side of the mall, and there is outdoor seating. We meet at 11:30 AM and encourage newcomers to attend! Please RSVP by November 16 to Carol Simpson.



Women's Book Discussion Group

On November 15th at 7:00 pm the Chalice Women's Book Discussion Group will meet in the Blue Room in the Hub and also via Zoom to discuss *Caste, The Origins of Our Discontents* by Isabel Wilkerson. If you are interested, please contact Mary for the Zoom information. Non-binary and trans women are warmly invited.

As we go about our daily lives, caste is the wordless usher in a darkened theater, flashlight cast down in the aisles, guiding us to our assigned seats for a performance. The hierarchy of caste is not about feelings or morality. It is about power—which groups have it and which do not.

In this brilliant book, Isabel Wilkerson gives us a masterful portrait of an unseen phenomenon in America as she explores, through an immersive, deeply researched narrative.

She tells us stories about real people, how America today and throughout its history has been shaped by a hidden caste system—a rigid hierarchy of human rankings.

Beyond race, class, or other factors, there is a powerful caste system that influences people's lives and behavior and the nation's fate. Linking the caste systems of America, India, and Nazi Germany, Wilkerson explores eight pillars that underlie caste systems across civilizations, including divine will, bloodlines, stigma, and more.

Using riveting stories about people—including Martin Luther King, Jr., baseball's Satchel Paige, a single father and his toddler son, Wilkerson herself, and many others—she shows the ways that the insidious undertow of caste is experienced every day:

—she documents how the Nazis studied the racial systems in America to plan their out-cast of the Jews

—she discusses why the cruel logic of caste requires that there be a bottom rung for those in the middle to measure themselves against



Information

MEMBERSHIP

Official membership is not required for participation in most Chalice activities, but there may come a time when you hear a voice inside saying, “This is my religious home. I want to support it.” If so, it may be time to think about making the commitment of membership.

To learn more about membership, contact Kathleen Swift, our Office Administrator, by email at office@chaliceuucongregation.org.



Chalice Web Site: <https://chaliceuucongregation.org>

Address: 2324 Miller Avenue; Escondido, CA; 92029

Phone: 760.737.0393

PrevUUs is published monthly by Chalice Unitarian Universalist Congregation. The complete newsletter is distributed via email to members and posted on the Members Only section of the website. An edited version (without congregant contact information) is posted on the public section of the website. Paper copies are available per request. Deadline is the 24th of the month.

Submit articles by the 24th of each month to: Office@chaliceuucongregation.org

**With much gratitude to our Editorial Team:
Hope Campbell, Callie Leef, and Andi Stout.**



Calendar for November 2022

Sun

Mon

Tue

Wed

Thu

Fri

Sat

| | | | | | | |
|--|--|--|---|--|--|---|
| | | <p>1</p> <p>10A Chair Yoga</p> <p>12P Zoom Lunch</p> <p>5:30P Yoga</p> <p>7P Exec. Board</p> | <p>2</p> <p>9A Men's Breakfast</p> | <p>3</p> <p>10A C.T. 10:30A Women's Meditation</p> <p>10A CT</p> <p>6:30P Hand Chimes</p> <p>7:30P Choir</p> | <p>4</p> | <p>5</p> <p>2P Tech Rehearsal</p> |
| <p>6</p> <p>10A. K-6 RE</p> <p>10A Worship</p> <p>11:10A Coffee Hour</p> <p>4:30P Youth Group</p> | <p>7</p> | <p>8</p> <p>10A Chair Yoga</p> <p>12P Zoom Lunch</p> <p>5:30P Yoga</p> <p>7P Board of Trustees</p> | <p>9</p> <p>9A Men's Breakfast</p> <p>1P Games at Chalice</p> <p>6:30 Men's Support</p> | <p>10</p> <p>10:30A Women's Meditation</p> <p>6:30P Hand Chimes</p> <p>7:30P Choir</p> | <p>11</p> <p>12P Elder's Lunch</p> | <p>12</p> <p>10A Widen Circle Study</p> <p>2P Tech Rehearsal</p> |
| <p>13</p> <p>10A. K-6 RE</p> <p>10A Worship</p> <p>11:10A Coffee Hour</p> <p>1P Private event</p> <p>4:30P Youth Group</p> | <p>14</p> <p>1P Poetry Group</p> | <p>15</p> <p>10A Chair Yoga</p> <p>10A CT</p> <p>12P Zoom Lunch</p> <p>5:30P Yoga</p> <p>7P Woman's Book</p> | <p>16</p> <p>9A Men's Breakfast</p> <p>1P Fiber Arts</p> | <p>17</p> <p>10:30A Women's Meditation</p> <p>1P Finance</p> <p>6:30P Hand Chimes</p> <p>7:30P Choir</p> | <p>18</p> <p>11:30 Ladies Out to Lunch</p> | <p>19</p> <p>10 A Worship Team</p> <p>2P Tech Rehearsal</p> <p>Circle Supp.</p> |
| <p>20</p> <p>10A. K-6 RE</p> <p>10A Worship Service</p> <p>11:10A Coffee Hour</p> <p>4:30P Youth Group</p> | <p>21</p> | <p>22</p> <p>10A Chair Yoga</p> <p>12P Zoom Lunch</p> <p>2P Staff</p> <p>5:30P Yoga</p> <p>6:30 Green Team</p> | <p>23</p> <p>9A Men's Breakfast</p> <p>7:15P Prayer Circle</p> | <p>24</p> <p>10:30A Women's Meditation</p> <p>6:30P Hand Chimes</p> <p>7:30P Choir</p> | <p>25</p> | <p>26</p> <p>2P Tech Rehearsal</p> |
| <p>27</p> <p>10A. K-6 RE</p> <p>10A Worship Service</p> <p>11:10A Coffee Hour</p> <p>4:30P Youth Group</p> | <p>28</p> <p>6:30P Readers Theater</p> | <p>29</p> <p>10A Chair Yoga</p> <p>12P Zoom Lunch</p> <p>5:30P Yoga</p> | <p>30</p> <p>9A Men's Breakfast</p> | | | |

