Middle School and High School

Building Bridges

*Building Bridges* is a world religions program to deepen youth's understanding of the dynamic, fascinating, and varied world in which they live. It seeks to broaden their knowledge of humanity and embolden their spiritual search.

A Place of Wholeness

This curriculum encourages youth to look inward for a clearer understanding of their personal faith and guides them to express that faith outward into the world.

Virtue Ethics: An Ethical Development Program

This program’s premise—in the words of the Buddha, recited in every workshop Opening—is that “our thoughts and actions become habits and our habits shape our character.” We have some control over our character. We can shape the person we want to be by making intentional, thoughtful decisions.

Be The Change

*Be The Change!* gives Unitarian Universalist (UU) youth a starting place for discussions about the role of race, identity, and justice in living out their faith.

You the Creator

*“You the Creator”* program offers experiences and ideas for youth to develop their creativity to become a visionary force in the world. Participants have a mix of concrete and abstract ideas while being immersed in active participation. Classes are filled with music and meditation with a focus on the creative process.