

OCTOBER 2020 NEWSLETTER

welcome

Volume #22 | Issue #10 | Chalice Unitarian Universalist Congregation

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SUNDAY SERVICES SCHEDULE

Sunday Service at 10 am

Zoom Meeting ID: 832 129 662

<https://uuma.zoom.us/j/832129662>

After-worship COFFEE HOUR

<https://zoom.us/j/118751781?pwd=S0EyQmZLdjJuNnBIV1ZlWW0yZVFhZz09>

October 4 – Rev. Sharon Wylie

“The Oppression of Diet Culture”

As Mental Illness Awareness Week begins, we consider how our wellness-obsessed culture contributes to disordered eating.

October 11 – Matt Meyer

“It Takes Practice”

Our favorite songs, whoever the artist or whatever the style, were created in a strange alchemy of study and inspiration, of strict practice and letting go. Spiritual Practice is a similar combination of dedication, muscle memory, and perhaps a little divine inspiration. Join us for a musical exploration of learning to risk, building the muscle memory of courage, and the spiritual practice of relationship when things around us are changing fast.

Matt Meyer is a musician and worship leader who has led hundreds of services for UU congregations across the country. He has a degree in hand drumming and serves as Director of Community Life for Sanctuary Boston.

October 18 – San Diego UU Ministers

“Faithful to Love”

Today, the five UU congregations in San Diego County will share the same worship materials, created and led by their six ministers. Each congregation will gather for its own worship experience at its usual time and Zoom room.

October 25– Rev. Sharon Wylie

“Healing Trauma #2”

This is the second in a 10-part series on healing racialized trauma inspired by the book, “My Grandmother’s Hands,” by trauma specialist Resmaa Menakem.



OCTOBER CALENDAR OF EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				10:30A Women's Meditation & Study 12P Zoom Lunch Brunch 6:30P Women's Support Group	4:30P RE CLASSES MS/HS	9A Parent Support Group 7P Concert with Tom Carlstrom
4	5	6	7	8	9	10
9A RE Classes K-5 10A WORSHIP 11:10A Coffee Hour	4P Family Meditation	10A Chair Yoga 12P Zoom Lunch Brunch 2P Staff Mtg 6P Yoga by Zoom 7P Board of Trustees	9A Cracker Barrel 12P Zoom Lunch Brunch 4P Family Ministries Team Meeting 6:30P Women's Support Group	10A Memoir Writing 10:30A Women's Meditation & Study 12P Zoom Lunch Brunch	4:30P RE Classes	10A Council of Chairs meeting
11	12	13	14	15	16	17
9A RE Classes 10A WORSHIP 10:15A Inquirers Series 11:10A Coffee Hour	1P Poetry Group 4P Family Meditation	10A Chair Yoga 12P Zoom Lunch Brunch 2P Staff meeting 6P Yoga by Zoom 7P Board of Trustees	9A Cracker Barrel 12P Zoom Lunch Brunch 5P "Non-Sunday Worship" Worship 6:30P Men's Support Group 6:30P Women's Support Group	10:30A Women's Meditation & Study Group 12P Zoom Lunch Brunch	4:30P RE Classes MS/HS	10A Worship Team
18	19	20	21	22	23	24
9A RE Classes 10A WORSHIP 11:10A Coffee Hour 1:30P Auction event – Courtyard Concert	4P Family Meditation	10A Chair Yoga 12P Zoom Lunch Brunch 6P Yoga by Zoom 7P Women's Book Club	9A Cracker Barrel 12P Zoom Lunch Brunch 2P Coordinating Team Mtg 6:30P Women's Support Group	10:30A Women's Meditation & Study Group 12P Zoom Lunch Brunch 6:10P Haven House	4:30P RE Classes MS/HS	
25	26	27	28	29	30	31
9A RE Classes 10A WORSHIP 11:10A Coffee Hour	4P Family Meditation 6:30P Readers' Theater	10A Chair Yoga 12P Zoom Lunch Brunch 6P Yoga by Zoom	9A Cracker Barrel 12P Zoom Lunch Brunch 5P "Non-Sunday Worship" Worship 6P Green Sanctuary Team meeting 6:30P Women's Support Group 7P Prayer Circle	10:30P Women's Meditation & Study Group 12P Zoom Lunch Brunch	4:30P RE Classes MS/HS	



MINISTER'S MESSAGE

In this pandemic time, we were unable to observe our annual water ritual together in September. This year, you are invited to participate in a communal, but solitary, water ritual.

Bring a small amount of water from your home.

Where to go?

If you live outside Escondido or are otherwise unable to get to the Chalice campus, simply find a spot of earth near your home. At our Chalice campus in Escondido, find the central tree in our courtyard (this is the tree that existed before construction). Or find another place that speaks to you on the Chalice campus where you would like to pour your water.

Take a moment to envision the people of the Chalice community around you. You may speak these words aloud or hold them in your heart.

I commit to trying to speak honestly, to act with compassion, to love without prejudice, to live with integrity, and to respond with courage to the demands of justice.

I pledge to support my fellow Chalice congregants in our search for truth, to celebrate with them in times of joy, to help them in times of trouble, and to join with them in rightful action.

In our work together across the generations, may we become a more effective instrument of service; a voice for liberation, reason and respect; and a community in which we can honor all that life brings to us.

May it be so.

Pour your water.

Bright blessings,

Sharon



Reverend Sharon Wylie

To schedule an appointment with
Rev. Sharon:

Online: <https://calendly.com/revsharonwylie/>

Text or call: 619.871.9959

Email: RevSharonWylie@gmail.com



PRESIDENT'S COLUMN

Don't mope -- Get out the vote.

I'm sure that most of you felt down about the passing of Ruth Bader Ginsberg this September. Probably more distressing is the idea that she will be replaced by someone far to the right. The best cure for this is action. There is still time to write more letters for UU the Vote targeting marginal voters to increase turnout. Letters have been shown to have a real impact on someone getting out to vote! Contact Paul C. *[No personal information in public version]* for info on how to get started. It's easy, it's energizing.



Dean Goddette
Board President

Long-Term Planning

It's difficult to think long term when you're in the midst of an election and a pandemic. The immediacy of living takes us from moment to moment. But it's good to get out of your head and think about a future and what we'll be doing with it. To help that, we're embarking on an open question process to talk with you about Chalice and our plans for the future. Or rather, YOUR plans for the future.

We'll be setting up small chat sessions with everyone in the congregation willing to participate. The **Open Question Task Force** is headed up by Nancy B. along with Kaye C. and Kate V. The goal of these moderated sessions is to get your input about where you'd like to see Chalice go in the future.

Property?

Several pieces of property have come onto the market that might be of interest to Chalice. One is immediately adjacent and contiguous with our property (**Lot A** in the picture). The other is across the street (**Lot B**).

We're just beginning to investigate the properties. I took a walk over Lot A and [you can see the videos here](#). If you'd like to help, please let me know. Email me at dgoddette@gmail.com.

If we had one or both, what would you do with them?



FAMILY MINISTRIES

The congregational religious education year will begin this week. This summer, the classes met weekly to help everyone stay connected, support one another, and continue our explorations into Unitarian Universalist principles.

Now, all grade levels will focus on building a multicultural, anti-racist community which begins with everyone learning about allyship to better advocate for others. Children and youth will be introduced to activities that help everyone recognize their own identities, which builds a foundation to examine race.

Social justice work is a foundation of Unitarian Universalism and Chalice children and youth will continue to benefit from a culture that focuses on this work. Stereotyping, truthful recounting of history, and developing empathy will be included in these lessons. Current children's literature will be used in every class along with timely videos to stimulate discussions.



Chris O'Connor
Director of Family
Ministries

Kathie Moehlig, Executive Director at TransFamily Support Services, will lead an informational program for interested Chalice congregants. Please contact Chris O'Connor (dfm.chaliceuuc@gmail.com) if you are interested.



TransFamily Support Services Zoom Program for Chalice Congregants

*"Supporting Gender Diverse
Youth"*

Saturday, October 24, 2020
11:00am



Supporting Gender Diverse Youth

With Kathie Moehlig

Executive Director, TransFamily Support Services

Led by one of the country's leading authorities on gender diverse youth, this session gives education professionals (such as teachers, counselors, administrators and parents) the tools and resources they need to more deeply understand issues around gender, and use this knowledge to support, respect and empower our youth.

Participants who attend this session will leave with powerful, practical strategies that work, and will be able to:

- ✓ Understand gender identity
- ✓ Understand current state laws around gender identity, and how they affect our students
- ✓ Identify what effective policy looks like in schools/districts
- ✓ Incorporate best practices that support gender diverse, transgender and non-binary youth in their schools, homes and communities
- ✓ Apply leadership principles that create safe and inclusive environments
- ✓ Discuss specific challenges you have faced, or are facing in your school or district, and receive advice based on Kathie's multiple years of experience.



Kathie Moehlig is the Executive Director of TransFamily Support Services, and a leading authority on supporting transgender and non-binary youth and their families. A tireless advocate for the LGBTQ community, she was named "Woman of the Year" by California Assemblyperson Todd Gloria, and one of the "Best People of San Diego" by CityBeat Magazine. A certified life coach, parenting instructor and motivational speaker, Kathie's work has been featured in the New York Times, the San Diego Union-Tribune and on the NBC News.

Kathie's presentations are phenomenal. Her stories, strategies and advice are truly transformative in creating a school culture where transgender students are safe, respected and can thrive.

~Alex Kajitani
California Teacher of the Year



To bring Kathie to your school, district or organization, or for more information, contact TransFamily Support Services at:

(858) 304-0085

info@TransFamilySOS.org



www.TransFamilySOS.org



MUSIC COMMITTEE

Chalice Virtual Choir Presents,

“How Can I Keep From Singing”

Among the many special musical offerings at the Chalice “Turning 20 in 2020” Zoom party on September 26 was the inaugural Chalice Virtual Choir presentation of “How Can I Keep From Singing”.

Many thanks to Tim McKnight as Music Director and Audio Engineer, and to Judy W. as Video Director and Editor. And many thanks to all the Chalice singers for all their time and effort to make this happen!



Tim McKnight
Music Director



Join Tom Carlstrom via Zoom on **the first Saturday of each month at 7pm** for 40 minutes of song followed by visiting with fellow concert attendees.

Every month is something new!

Watch the weekly ENUUS prior to the first Saturday of the month for Zoom connection details. Donations to Chalice are gratefully accepted.

**Tom Carlstrom's
"Concert At Home"
on Saturday, October 3 @
7p**


Chalice UUC introduces:

A Conversation with Tom Carlstrom

Since April 4, Tom Carlstrom has been sharing his musical talents every month with a delighted Chalice audience over Zoom. This month we chatted with Tom about his inspiration and the Zoom experience as a performer.


What has motivated you to keep providing monthly home concerts?




 At first I was doing concerts every week. I had so many songs that I wanted to share with everyone. It gave me an excuse to spend

practice time polishing and documenting the songs, finding out a little of their history. I also had a lot of fun organizing the songs into themes that I presented each week. As I got into it, I quickly discovered there were a lot of songs I wanted to learn, and so I spent time learning more songs, many of which were on my wish list for a long time but I never got around to learning them. That's when I slowed down to one concert a month. I'm still enjoying learning new songs and performing to an audience.

What does it feel like for you as a performer to provide a concert in an on-line format vs a live format?

 When performing for an audience, there is an excitement and an intimacy that heightens the emotions I get from playing. There is no stopping or worrying about mistakes. Whatever happens, happens. It's all part of the experience. I seem to have a much deeper connection to the song and my feelings when performing for an audience. For years before I was doing zoom concerts, I would play by myself for an imagined audience in my living room. Of course, a live performance is best. I can see the audience and hear their reaction. The mutual connection is far better than what's achieved on Zoom. But Zoom still carries some of the concert experience.

Anything else you'd like to share about this experience?

 After a dozen or so concerts, I still look forward to performing and I am somewhat amazed that a dedicated group keeps tuning in! I am looking forward to the day when I can play with other musicians on stage and interact with a live audience. It will also be nice to have someone helping with the sound board!



Gloria Angelo Arts Education Scholarship Fund Receives New Donation

We are so grateful to Paula G. for her recent contribution to the Gloria Angelo Arts Education Scholarship Fund.

Paula actually established this fund in 2007 in memory of her mother, Gloria A., a lifelong Unitarian Universalist and founding member of Chalice. Since its founding, the fund has provided financial assistance to Chalice members and friends for lessons, classes, camps, and other educational opportunities in the visual and performing arts.

In recent years, the fund has helped support several Chalice teenagers attend Camp Bravo, a performing arts camp held every summer at our very own Camp de Benneville Pines.

Thank you, Paula, for helping make visual and performing arts education accessible to all!

Hymnals for Worship Services

Several congregants have expressed interest in using hymnals during our online Sunday morning worship services.

If you would like to borrow hymnals from Chalice, please send an email to music@chaliceuucongregation.org with your name, email, and phone number, and you will be contacted to arrange for pickup or delivery.

If you prefer to purchase hymnals, they may be purchased from the UUA bookstore, www.uuabookstore.org, or from Amazon, amazon.com.



Looking Ahead:

Concert At Home With Tom Carlstrom (Zoom!)	First Saturday of the Month @7p
An Evening Of Song With Tom Carlstrom - full concert experience	TBA
Tim and Friends Concert	TBA
Keyboard Kaleidoscope #6 Concert	TBA



READER'S THEATER

Our gathering this month will be on **Monday, October 26th at 6:30 p.m. via Zoom**. We'll be reading aloud the drama, "The Joy Luck Club," by Susan Kim, adapted from the novel by Amy Tan.

The story revolves around four older Chinese-American women and their complex relationships with their American-born daughters.

Please join us (virtually) — newcomers and listeners are always welcome at our gatherings! Please contact Deb C. at *[No personal information in public version]* so she can send you an invitation to the Zoom meeting.



TRANSFORMATION TEAM



Having completed our common read of "White Fragility" in September we are planning practice sessions on how to interrupt racism or white supremacy. We will also brainstorm potential actions we might take to deepen our knowledge to uncover our own racism and ideas about uncovering and 'dismantling' white supremacy culture here at Chalice. Please watch for invitations to join us in the weekly Enuus.



CHALICE GREEN TEAM

Shoe fact: The carbon footprint of a typical pair of sneakers is 30 pounds of CO₂, or the amount generated by burning a 100 watt bulb (Who has THOSE anymore?) day and night for 7 days.

Shoe fact: Companies are jumping on the bandwagon of sustainable materials--pineapple tops, anyone? But the bulk of the carbon footprint is from the manufacturing itself.

Shoe fact: Wages are rising in China, and shoe manufacturing is moving to countries in Southeast Asian where labor laws are laxer and child labor can be the norm. There may be ethical issues in a shoe purchase beyond the carbon footprint.

Good News: There are over a dozen shoe repairers in San Diego County. They will happily re-sole, re-heel, re-stitch, clean or dye your shoes in their small businesses.

For the DIY'ers, there is **Shoe Goo**, sold in local stores. The fumes should not be inhaled, so it's an outdoor, wear-a-mask operation. That said, it's a miracle product when it comes to shoe repair.

That's our tour of shoe awareness for now.



Thank you for sending shoe counts! If you haven't yet, please count your pairs of shoes, boots, slippers and submit the sum anonymously to Victoria T., Green Sanctuary Coordinator, at *[No personal information in public version]*. When we have enough info, we'll share it with you. **Happy walking!**



BOARD REPORT

The Chalice Board of Trustees met for the regular monthly meeting at 7 pm on Tuesday, September 8, 2020 virtually by Zoom. It was reported that the work previously begun by the Finance Task Force is progressing. It was also reported that two small pieces of property behind the Chalice campus and across Hamilton Road from the Chalice campus are currently for sale.

After much discussion it was decided that the possibility of purchasing one or both of these properties should at least be investigated. Draft questions of a survey compiled by the Open Question Task Force were distributed to the Board members to read and answer prior to the survey being presented to members of the congregation.

Finally, the Board members were asked to team up with members of the Transformation Team to read and study the sections of the UUA report "Widening the Circle of Concern", which was presented at the UUA General Assembly this past summer in June.

COORDINATING TEAM REPORT

Goal: Strengthen the ways in which congregants offer care and support to each other.

- Our online all-congregation celebration is on September 26 for Chalice's 20- year anniversary. The FINAL final theme (revised from last month) is "Turning 20 in 2020: Honoring our Past, Shaping our Future."

Goal: Increase financial support for Chalice's operating budget, including pledging, congregation-wide fun(d)raising activities, and funding from outside the congregation.

- Auction team is looking at ways to have this year's auction online.

Oversight of Chalice programs and committees:

- The Courtyard Cover Task Force, chaired by Chris O'Connor, has begun meeting.
- The Year-in-Review Report is coming soon.
- New irrigation has been installed in the upper lot, and we have selected a contractor to trim trees (an annual service).

Notice:

The quarterly Council of Chairs meeting originally scheduled for Saturday October 10, 2020 has been rescheduled, and the remaining meetings for the upcoming year are as follows:

Saturday, November 7, 2020 at 10 AM
Saturday, January 30, 2021 at 10 AM
Saturday, April 24, 2021 at 10 AM
Saturday, July 31, 2021 at 10 AM
Saturday, October 30, 2021 at 10 AM

