



November 2019 Chalice PrevUUs Calendar

Newsletter of the Chalice Unitarian Universalist Congregation of Escondido, California
2324 Miller Avenue, Escondido, CA 92029 Phone: 760-737-0393 Website:
ChaliceUUCongregation.org

Vol. 20 # 11A

Public
Edition

WORKSHOP:
Finding Your Life's Purpose
Led by Rev. Dr. Arvid Straube



Saturday, Nov. 16 **Congregants: \$10**
10 am to 3 pm **General public: \$15**

Register online at
www.chaliceregistration.weebly.com
or email revsharonwylie@gmail.com.



We're Having A "Making Up For Lost Time" Food Drive

While we worshipped away from Miller Avenue for almost 8 months, we stopped collecting food for donation to the food pantry at Interfaith Community Services (ICS). Let's make up for lost time!!

Sunday, October 27, through Sunday, November 24, we'll be collecting cans and dried food goods for donation to ICS. Please consider what you would normally donate in one month, then multiply that by EIGHT!!



Sunday Services for November Services at 9:00 am and 11:00 am

*Clocks turn back an hour - Return to Standard time
on Nov. 3*



November 3

"We Call Our Beloved Dead"

Rev. Sharon Wylie

All-Church Service

Whether you call it Samhain, Día de los Muertos, or All Hallows' Eve: this is the season to remember and honor our ancestors and beloved dead. Today we gather for our annual service in memory and celebration of those who have gone before us.

Boxes will be distributed today for the Unitarian Universalist Service Committee's "Guest At Your Table" program.

November 10 **Rev. Dr. Arvid Straube, pulpit guest** "Finding Your Life's Purpose"

No other human being that ever was or will be has the same gifts and talents as you do now. We all have something to give to the world and others that only each of us can give. How do we discover that?

Rev. Dr. Arvid Straube has been a parish minister for 35 years. He is minister emeritus at the First Unitarian Universalist Church of San Diego. He is an Affiliate Faculty member at Meadville Lombard Theological School and has a ministry of spiritual direction.

November 17

"Touchstones"

Rev. Sharon Wylie

When do you feel the most YOU? How do you find your center when you are being buffeted by world events? This is the third in a 10-part series on resiliency, informed by the book *The Artist's Way* by Julia Cameron.

November 24

"Chalice Soup and Founders Day" All-Church Service

Rev. Sharon Wylie

Thanksgiving is a time to reflect on and to share our communal abundance, with special appreciation for our founding members. Please bring vegetarian soup ingredients for our communal soup.

Our "Making Up For Lost Time" food drive ends today. This is the last day to return "Guest At Your Table" boxes.



Chris O'Connor,
Director of Family
Ministries for
Chalice

Family Ministry

Guest At Your Table

Guest at Your Table is the annual intergenerational program of the UUSC (Unitarian Universalist Service Committee) to raise support for awareness about key human rights issues. The theme of this year's program is Women Leaders, Strong Communities. Starting Sunday, November 3, each family in the congregation is invited to take home a donation box and "Stories of Hope" booklet highlighting women leaders involved in human rights work. This fundraiser will continue until November 24, when the boxes are collected. This program is designed for families to read the stories about each of the women as though they were a guest at your table. I hope your family will take part in this worthwhile program!

UUSC.org/guest

Chalice's Courtyard – a Forum on Long-term Solutions

Sunday, November 10, between services the CT (Coordinating Team) invites all to a brainstorming forum on the future for our courtyard.

The challenge: We need some kind of protection from the elements – mostly sun, but also rain in the winter months. It needs to be attractive. And of course it needs to be affordable!

The Board Wants YOU and Your Leadership Skills!

Chalice's Nominating Committee (Susan Spoto, Chair; Kathy Zapata and Marshall Fogel) is seeking nominations for open positions on the Board of Trustees for the 2020-2021 congregational year beginning July 1, 2020. Open positions include Vice-President, Secretary, and 3 Trustee positions. Recommended qualifications vary depending on the position, and are available in the Chalice Wiki, in the Policy Book at Chapter 5, page 32, available at this [link](#). If you wish to serve Chalice as a member of the Board, or to nominate another Member, please contact Susan S [no contact info in public edition]. Nominations will close on Wednesday, March 11, 2020.

Holiday Party - Saturday, December 21



Chalice 2019 winter holiday party will be on Winter Solstice. A little something for everyone. Delicious Chalice potluck food, singing carols, walking the spiral, hugs, sharing memories, watching the sun set and our old & new lights come on, giving and receiving good wishes.



Music Ministry for November



Tim McKnight

Nov 3: The Chancel Choir will present “Remember” from the motion picture, *Troy*. Music by James Horner, words by Cynthia Weil, and arranged by Teena Chinn.

Nov. 17: The Chancel Choir will present “How Can I Keep From Singing” by Robert Lowry, arranged by Bradley Ellingboe.

Looking Ahead:

Winter Music Service
Randi Driscoll’s Jingle Ball

December 8, 2019, 9 & 11 am services
December 8, 2019 6 pm

A Closer Look: “Remember” from *Troy*

During our worship services on November 3rd, we will gather for one of Chalice’s most treasured annual traditions, the service entitled “We Call Our Beloved Dead.” This is the time when we honor those who have gone before us, exploring the various ways we cope with and move forward after losing loved ones. During these services, the Chancel Choir will be presenting the song “Remember” which was originally used for the end credits of the 2004 movie, *Troy*. The song was recorded by the well-known baritone Josh Groban who sang with the less well-known but extremely talented Tanja Carovska, who is a Macedonian singer, songwriter, and composer.



The soundtrack of *Troy* features some traditional Eastern Mediterranean music and vocal styles, some of which are employed by Tanja Carovska in the song “Remember.” This unique vocal style requires a singer with specialized knowledge and experience. We happen to have just such a singer joining the Chancel Choir for this special performance on November 3rd, and her name is Vani Neelakantan!

You might remember Vani, who was actively involved in Chalice’s music program from approximately 2010-2014. Although she’s been away for awhile, she is back to sing with us and we couldn’t be more thrilled! Her beautifully expressive voice is perfect for this special song, and the Chancel Choir is honored to be performing with her!







GREEN SANCTUARY TEAM

Chalice welcomes a new team to assist in achieving Green Sanctuary Accreditation. This exciting initiative of the Unitarian Universalist Association provides a structure for Chalice to engage with environmental and climate issues and move through awareness to action. Rooted in the 7th Principle, Green Sanctuary engages all of our principles. As the work progresses, you will see evidence of the Team reaching out to the congregation in likely and unlikely places. For more information visit [https:// www.uua.org/environment/sanctuary](https://www.uua.org/environment/sanctuary)
Your Team coordinator is Victoria T. Contact her at *[no contact info in public edition]*.



Weekly Chalice Groups & Activities ~ You are welcome here!

What	When, Where	Who & Why you want to participate
Chair Yoga	Monday mornings at 11:30 Temple Adat Shalom, 15905 Pomerado Rd, Poway 92064	Patty Carlisle teaches a Monday chair yoga class at Temple Adat Shalom. This is a donations class (recommended \$2 per class) with the money going to the temple. Class will be in the large room.
Chair Yoga	Tuesday mornings at 10:00 Chalice—Rainbow Room	Patty Carlisle also teaches a Tuesday morning class at Chalice in the new building. Donations are appreciated, but not required.
Yoga 	Tuesday evenings at 7:00 Chalice—Rainbow Room	This gentle yoga class is perfect for seniors, beginning yoga students, or for those with lots of experience who enjoy a good, relaxing stretch with friends. Wear comfortable clothes. Bring a mat, or borrow one at Chalice. Questions? Call Kathy Z <i>[no contact info in public edition]</i> ..
Cracker Barrel 	Wednesdays, 9 am for breakfast, 9:30 for discussion at Denny's in Escondido.	Liberal thinkers & friendly, supportive men. New friends are welcome. Open to all men of Chalice to meet life-long friends with a sense of humor. Contact: Marty S <i>[no contact info in public edition]</i> .
Zen Meditation	Thursdays, 8:30 am and Sundays, 3:30 pm Chalice Cottage!	Chalice Friend Dr. Al Zolnyas offers instruction and Meditation practice. This group welcomes both seasoned meditators and those new to the practice. Website: freewayzen.org Al has returned to leading his twice weekly meditations in the Chalice cottage.
Women's Meditation & Study	Thursdays, 10:30 am In the chapel at Chalice	Women's Buddhist Meditation. Mutual support and the practical implementation of Buddhism in order to enrich our daily lives. Contact: Carol B. <i>[no contact info in public edition]</i> ..



As we transition back to Chalice, please keep in communication with the groups you meet with, and watch the calendar on line so you know where the meeting will take place. If you are a group leader, please let the office know as soon as possible where you plan to meet. Keeping the calendar updated will help your group members find the meeting. Please send scheduling notices to the office: ChaliceUUC@gmail.com.

Groups & Activities - that meet once or twice a month

Board Games	Second Wednesday 1 pm The common room	A lively group meets to play games: Mexican dominoes, Rummikub, or any fun game. Newcomers happily welcomed! Contact Carol B <i>[no contact info in public edition]</i> .
Activist Letter Writers	First & third Wednesdays, 11 am in the Chalice common room	Join us for lively discussion and post card writing, with action as an outcome. New activists welcome. Contact: Kaye C <i>[no contact info in public edition]</i> .
Men's Support Group	Second Wednesday 6:30 pm Escondido location & a group hike	We get to know and support each other by sharing experiences, thoughts and feelings from our lives. If you are interested please contact Barry H <i>[no contact info in public edition]</i> . Barry can tell you more about the group, including the meeting location of the month.
Memoir Writers Group	Second Thursday 10 am Contact Alice for location	Alice Dodd leads this group in writing personal memoirs. meets once a month. This is a great way of getting your thoughts and memories on paper. Contact Alice D <i>[no contact info in public edition]</i> .
Women's Book Discussion Group	Third Tuesday 7:15 pm Chalice Common Room	WOMEN'S BOOK DISCUSSION GROUP November Book: The Garden of Evening Mists Author: Tan Twan Eng Please come and join us for a stimulating and fun evening. Newcomers are welcome. For any questions, please contact: Mary B at <i>[no contact info in public edition]</i> . December Book: The Housekeeper and the Professor
Fiber Arts & Crafts	Third Wednesday 1:30 to 3:30 pm Common Room	We chat and work, primarily needle-crafts like knitting, or embroidery, but any portable crafts are welcome. Contact: Bonnie P <i>[no contact info in public edition]</i> .
Prayer Circle	Third Wednesday 7 pm Chapel	Join Rev. Sharon for a Unitarian Universalist prayer circle.in the Chalice chapel. Please come prepared to request prayer and to offer prayer to others. All are welcome. Contact: RevSharonWylie@gmail.com



Chalice Dine-Out - No gathering in November

The Dine-Out group will not be meeting in November. Singles and couples are all welcome for conversation, catching up, and getting acquainted. This is an open group that enjoys breaking bread together. We will return in December at 5 pm.



Chalice Women's Book Group - Third Tuesday, November 19 at 7:15 pm

November Book: *The Garden of Evening Mists*

Author: Tan Twan Eng

We meet the third Tuesday of every month at 7:15 p.m. at Chalice. Please come and join us for a stimulating and fun evening. Newcomers are welcome.

For any questions, please contact: Mary B [no contact info in public edition].

December Book: *The Housekeeper and the Professor* by Yoko Ogawa

Haven House Interfaith Community Dinner - Friday, November 8 at 6:10 pm (dates change each month)

Each month, volunteers from Chalice cook and serve a meal to the people who are staying at ICS, a local shelter. There are coordinators for each month, and Julia & Marshall F keep the mailing lists and facilitate our participation in this community service project. If you would like to participate, contact Marshall at [no contact info in public edition].



Ladies Out to Lunch - Third Friday - November 15 at 11:30 am

The Ladies Out to Lunch group will meet at Cocina del Charro at 890 W. Valley Parkway, Escondido.

We welcome newcomers. To RSVP or for directions, call Carol S at [no contact info in public edition].

We will not be meeting in December.



Circle Suppers - Third Saturday, November 16 at 6 pm

We are celebrating November — a month of history. Contact Victoria C to participate. She will be organizing the hosts and guests this month. Her email is [no contact info in public edition].

The 3rd Saturday in December is the Chalice Holiday party.



Readers' Theater - Fourth Monday, November 25 at 6:45 pm

Our gathering this month will be in the Blue Room of the Hub. We'll be reading aloud the Tony and Pulitzer prize-winning drama *Fences*, by August Wilson. [We read Wilson's *The Piano Lesson*, in our 2018-2019 season.] It takes place in the 1950s, and deals with issues of the black experience and race relations. *Fences* revolves around the story of 53-year old trash collector Troy, his wife Rose, son Cory, and younger brother Gabriel. The play also carries an allegorical meaning.



Please join us — newcomers and listeners are always welcome at our gatherings! Please contact Deb C [no contact info in public edition]. so we'll know to expect you.



Chalice UU Congregation ** November 2019 ** Services, Meetings, Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
For the most accurate information, visit ChaliceUUCongregation.org; under the "News" tab, there is a Calendar that anyone can access. No password needed.						
3 9 & 11 am Worship Service: Rev. Sharon Wylie "Calling Our Beloved Dead" All Church Service 12:15 pm packing lunches for ICS 3:00 pm Auction party 3:30 pm Zen Meditation	4 11:15 am Chair Yoga at Temple Adat Shalom (TAS)	5 10:00 am Chair Yoga 2:00 pm Coord Team 7:00 pm Yoga 7:00 pm Exec. Board 7:15 pm Mindful Meditation	6 9:00 am Cracker Barrel 11:30 am Activist Writers	7 8:30 am Zen Meditation 10:30 am Women's Study 2:00 pm Coord Team 6:30 pm Handchimes 7:30 pm Chancel Choir	1 6:10 pm Haven House	2 2:00 pm Sermon Writing Class
10 9 & 11 am Worship Service: Rev. Dr. Avid Straube "Finding Your Life's Purpose" 9 am RE Classes 3:30 pm Zen Meditation	11 11:15 am Chair Yoga at TAS 7:00 pm Auction Prep Mtg Board	12 10:00 am Chair Yoga 2:00 pm Staff Meeting 7:00 pm Yoga 7:00 pm Board 7:15 pm Mindful Meditation	13 9:00 am Cracker Barrel 1:00 pm Board Games 6:30 pm Chalice Men's Support Group	14 8:30 am Zen Meditation 10:00 am Memoir Writers 10:30 am Women's Study 6:30 pm Handchimes 7:30 pm Chancel Choir 7:30 pm Sierra Club North County	15 11:30 am Ladies-Out- To-Lunch	16 10:00 am Worship Team 10:00 am Workshop— Finding Your Life's Purpose with Rev. Dr. Avid Straube 6:00 pm Circle Suppers
17 9 & 11 am Worship Service: Rev. Sharon Wylie "Touchstones" 9 am RE Classes 10:15 am Faith Forward Planning 3:30 pm Zen Meditation	18 11:15 am Chair Yoga at TAS No Dine-Out group tonight. Will resume in December.	19 10:00 am Chair Yoga 2:00 pm Coord Team 7:00 pm Yoga 7:15 pm Women's Book Group 7:15 pm Mindful Meditation	20 9:00 am Cracker Barrel 11:30 am Activist Writers 1:30 pm Fiber Arts 6:30 pm Private rental 7:00 pm Family Ministries 7:00 pm Monthly Prayer Circle	21 8:30 am Zen Meditation 10:30 am Women's Study 2:00 pm Coord Team 6:30 pm Handchimes 7:30 pm Chancel Choir	22	23
24 9 & 11 am Worship Service: Rev. Sharon Wylie "Chalice Soup & Founders Day" All Church Service End of Food Drive 10:10 am New Corners Coffee 3:30 pm Zen Meditation * midnight—Newsletter Deadline:	25 11:15 am Chair Yoga at TAS 6:45 pm Readers' Theater	26 10:00 am Chair Yoga 7:00 pm Yoga 7:15 pm Mindful Meditation	27 9:00 am Cracker Barrel 1:00 pm Board Games	28 <i>Thanksgiving Holiday—Office closed</i> No meditation groups, or music rehearsals today.	29	30

Making Up For Lost Time Food Drive October 27 through November 24.
Please give generously .



November 2019 Chalice PrevUUs Magazine Section

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Vol. 20 # 11B

Minister's Message for November

A story about how Chalice has changed in the past few years...

Back in July 2014, we worked on a Habitat for Humanity project here in Escondido. In order to participate, we had to pay \$1500, and at that time, the money came from the Social Justice Team's budget.

People loved working on the home, and many people expressed hope that we could work with Habitat for Humanity more often. But I told people, "Well, it costs \$1500," and we all immediately understood how prohibitively expensive that was. (In fact, the main reason we have not worked again with Habitat for Humanity is that they have not had additional projects in Escondido.)

Flash forward to January 2019. Local UU organization Casas de Luz was the recipient of our Sunday social justice offering, and we heard about their work building homes in Tijuana for people living in poverty.

By the end of February, our Social Justice Team had led an informational gathering on doing a weekend homebuild project. It was clear there was interest and enthusiasm; we just needed to raise \$4700. In contrast to several years before, we thought this sounded like a very achievable amount to raise!

We used the Unitarian Universalist fundraising site, Faithify, to quickly raise the money needed to make the homebuild project possible. We had never used Faithify before and were pleased that it allowed people outside our congregation to easily donate. We received donations from UUs (and non-UUs) across the country!

Now I am writing this just after our homebuild weekend, October 26-27. Twenty-four Chalice congregants and friends traveled to Tijuana to work with the Casas de Luz team to build a 16x24 sf home for a single mother with five young children. We arrived wondering how it

would be possible to build a home (albeit a small home) in a day and a half. And then about a half hour after we started, it became clear that we probably had more people than we needed! Or at least we had enough people that everyone could take breaks when they wanted.

We stayed the night at a local orphanage (plenty of rooms), and finished the project by 1 pm on Sunday. Of course you know this was not a fancy home. But when you live in poverty in Tijuana, a home with a concrete floor instead of dirt, and a home with a solid roof instead of a tarp...these are good things.

The homeowner wept when it was time for her to use her key to open the door to her new house. She and her children had worked side by side with us all weekend, and even though language was a barrier for most of us, we nevertheless had a communal sense of all having gotten to know each other. One of her children put her arms around me and cried when it was time for us to go.

As I told the homeowner on Sunday morning, we were blessed to get to know her family, and blessed to have the opportunity to provide needed help.

Bright blessings,
Sharon



Rev. Sharon Wylie

To schedule an appointment with Rev. Sharon:
Online: <https://calendly.com/revsharonwylie/>
Text or call: 619.871.9959
Email: revsharonwylie@gmail.com



President's Message for November 2019 - Alec Bergamini

November's here. Halloween, Thanksgiving, Harvest Festivals and the beginning of what has become known as the Holiday Season. Take a deep breath and enjoy the three-month long ride on what feels a bit like those bumper cars at amusement parks. You get knocked around a lot, but not seriously hurt, and then want to do it again next year.

How about our new campus? It makes me smile every time I pull into the parking lot. Hopefully by the time you read this we will have all the final blessings needed to start furnishing the Hub.

The Strong Finish campaign is closing in on its target number. To those people who've told me that they're planning to give but haven't gotten around to it, please stop reading this, and then click here <https://chaliceuucongregation.org/connection/donate/> or mail a reasonably-sized check payable to "Chalice UU Congregation" to 2324 Miller Avenue, Escondido CA 92029. Be sure to add "Strong Finish" in the memo line.

Last month I wrote on the value of a personal mission statement (PMS). Since then I've learned that Rev. Sharon has arranged for Rev. Arvid Straube to do his workshop "Finding your Life's Purpose" on Saturday, November 16 from 10 am – 3 pm. Admission is \$10 for Chalice members and \$15 for non-members.

As mentioned in last month's article, a fair understanding of self, or self-evaluation, underlies a useful PMS. The most common is the Myers Briggs Test (a.k.a. MBTI Instrument) (see <https://www.verywellmind.com/the-myers-briggs-type-indicator-2795583>). This test categorizes people into 16 different overlapping personality types.

I did one of these at my last job as part of a pilot study by the H.R. department. It turns out I'm mostly "The Architect". According to this my strengths are: * Enjoys theoretical and abstract concepts, * High Expectations, * Good at listening, * Takes criticism well, * Self-confident and hard-working. My weaknesses are * Can be overly analytical and judgmental, * Perfectionist, * Dislikes talking about emotions, * Sometimes seems callous or insensitive.

My initial reaction to my results was a bit of shock and denial, assuaged only by the commentary that came with the results informing me that I had more or less of one tendency or another. But really? "Judgmental, callous. Insensitive, overly analytical"? How rude!

So, I shared my results with my wife, and a few close friends. They were nice about it, but confirmed that the results were not completely off the mark.

I'm over it now but the hard truth remains, and my behavior since then has probably been ever so slightly modified by the test results.

Unfortunately, the Myers Briggs test is not available online because it is licensed and supposed to be administered by a "qualified professional". Having said that, there are plenty of Free Personality tests online. Check out the article at <https://www.themuse.com/advice/14-free-personality-tests-thatll-help-you-figure-yourself-out> which lists 14 free tests along with short commentary on each one. Hopefully your experience will be more affirming than mine.

Every month I've been ending this letter with a question for you to contemplate for the month. This month is especially challenging, as I have five questions:

What is important?

What/whom do you value?

Where do I want to go?

A spiritual, mental, or physical destination.

What does "the best" look like for me?

This is the time to dream.

How do I want to act?

How do you want people to describe you?

What's your legacy?

What is your Butterfly Effect?



Alec Bergamini



Guidelines for Committees/Teams Receiving Congregational Funds

The Coordinating Team asks committees and teams that request and receive money in Chalice's annual operating budget to:

- Submit a budget request by the required deadline using the Budget Request Form that is provided by Coordinating Team.
- Make every attempt to have a representative present at quarterly Council of Chairs meetings. These meetings are an important part of the congregation's leadership development and also serve as a crucial conduit of information between the Coordinating Team and Chalice's committees and teams.
- Submit annual reports as needed to inform the congregation and leadership: the year-in-review report due in the summer and the monitoring report due in the fall.

Chalice Board of Trustees Report for November Newsletter

The Chalice Board of Trustees met for the regular monthly meeting on Tuesday, October 8, 2019 at 7 pm in the Common Room. It was reported that over \$35,000 has been raised for the Strong Finish Campaign goal of \$50,000. The landscaping of the Chalice campus is nearly complete and SDG&E has scheduled the electrical work that is needed for Tuesday, October 15. Once the electrical work is completed the final inspections for occupancy of the HUB can be done. The Board approved the creation of a Financial Review Task Force as presented by Treasurer Bonnie Packert. The Board goal of celebrating the new Chalice campus and the 20th Anniversary of Chalice was discussed. Also discussed was the Board goal of finding new and creative ideas for fundraising within and outside of the Chalice community. The 2019 annual "Open Question" planning was discussed and the Board heard a suggestion for an "Open Question" that would lead to discussion of the updating of the Chalice Mission Statement. A decision about the "Open Question" planning was tabled until November.

Coordinating Team Report for October Board meeting

- Decided how to designate on the Chalice calendar when an outside group is open to Chalice member attendance or is a private rental.
- Reflected on the regulations for using the Hub while it is still under construction and how to follow those rules while using the building when necessary.
- Plan to use an honor system for using parking spaces for disabled persons.
- Planned for November forum on future courtyard cover.
- Planned agenda for Council of Chairs meeting for Oct. 12
- Notified of Code Enforcement Officer visit regarding complaint from neighbor about parking lot lights at night.
- Discussed safety issues following the recent thefts. Communication between CT and Safety and Security Committee is good.
- LSCFO (Limited Service Charitable Feeding Operation) Registration is now framed and hanging on the common room wall. This certifies Chalice Kitchen can be used to make meals to serve for people residing in the shelters such as Haven House at Interfaith Community Services.
- Decided colors and borders for Idell & Nelson Discovery Hub plaque.