

August 2019 Chalice PrevUUs Calendar

Newsletter of the Chalice Unitarian Universalist Congregation of Escondido, California 2324 Miller Avenue, Escondido, CA 92029 Phone: 760-737-0393 Website: ChaliceUUCongregation.org

Public **Edition**

Vol. 20 # 8A

Memorial Service for Es Gaunt Saturday August 17 at 2:00 pm at Chalice

Es was a founding member of Chalice UU Congregation. Her daughter, Kate Gaunt, is a member of Chalice.

Chalice Construction Update

From Dean Goddette We all certainly hoped that we'd be back at Chalice by now, but we got hit by several unfortunate events that delayed the project by several weeks. A water hose broke and flooded the trenching for power. Then we failed an SDG&E inspection. Fixing that issue and rescheduling the inspection delayed the paving of the parking lot. Then, one of the graders accidentally damaged some of the curbing which then had to be removed and redone. An unfortunate series of events which has pushed returning to Chalice to mid-August. But things are moving forward apace and our construction company R&R is working really hard to make this happen.



Sunday Services for August

August 4 Rev. Sharon Wylie "Celebrating the Harvest"

10 a.m. at Felicita Park, Area 4

We mark the Pagan holiday of Lammas, the first harvest festival, the festival of grain. Please bring fruits and vegetables from your garden to share. We will celebrate the bounty together. Childcare will not be available.

August 11 Rev. Sharon Wylie "A Blessing of Ordinary Things" 10 a.m. at Felicita Park, Area 4

Think of the amazing objects that make your daily life possible: backpacks, purses, bicycles, water bottles. Today you are invited to bring your treasured objects to receive a blessing for the coming year. Congregants who attend school are especially encouraged to bring their backpacks. Childcare will not be available.

August 18 Rev. Sharon Wylie "Even Good Change is Hard" 10 a.m. at Miller Avenue

Seven years ago this month, Rev. Sharon preached her first sermon as Chalice's called and settled minister, a sermon with this same title! As we return to our Miller campus after months of construction, we'll consider how we nurture our spirits through good times and bad.

August 25 "The Power of We" 10 a.m. at Miller Avenue

Lay-Led Service

Join our congregants Dennis Brown, Sally Brown, Dean Goddette, and Tim Holmes as they share learning and reflections from this year's General Assembly of the Unitarian Universalist Association of Congregations.

> We expect to return to our Chalice Miller location. starting Sunday, August 18. There will be one service at 10:00 am.

Religious Education Classes will start August 18, please see page A-2.



Music Ministry for August



Tim McKnight

Thursday, Aug 8: Choir Rehearsal resumes!

Been thinking about joining the choir? Now is the time! Rehearsals are Thursdays, 7:30p – 9:00pm. Location for Aug. 8 has not been determined. Aug. 15 rehearsal will be in the Chalice chapel. Contact Tim McKnight at [not in public edition] for more information.



Looking Ahead:

Chancel Choir Rehearsals begin Don and Friends Songs for Little Kids and Big Kids Thursday, August 8, 2019 at 7:30 pm September 15 at 6pm October 13 at 3pm

Family Ministry August 2019

What's Happening in Religious Education?

We are happy to announce plans for Religious Education for August and September. As soon as we return to our Chalice home, we will offer two RE programs during the 9 am service.

Cooking with Kids

For children and youth of all ages

Join Des Marsh and her sous chef for some tasty cooking fun. Each week we will get to create a delicious healthy snack, which we hope to share with the congregation during the social hour.



For youth in Middle and High school

The Shenanigans team desires to play with you! We've got 6 weeks of RE



time set aside from Aug 18th to Sept 29th for a mix of improv games and co-creation of interactive fun for an event we plan on hosting for all of Chalice in the month of October. Come spend time with Jodi Roney and Lara Brown to figure out what part you want to play in the October event and create some new good times with your Chalice friends. We look forward to seeing you!



As we transition back to Chalice, please keep in communication with the groups you meet with, and watch the calendar on line so you know where the meeting will take place. If you are a group leader, <u>please</u> let the office know as soon as possible where you plan to meet. Keeping the calendar updated will help your group members find the meeting. Please send scheduling notices to the office: ChaliceUUC@gmail.com.

"The Hub" is short for The Nelson & Idell Discovery Hub, our new multi-purpose building. This building offers several meeting rooms: Blue Room, Green Room, Yellow Room, and the Rainbow Room. There is also a nursery, a kitchenette, a porch, and two bathrooms. Come discover where your group is meeting.



Groups & Activities - that meet once or twice a month

Board Games	Second Wednesday 1 pm The chapel	A lively group meets to play games: Mexican dominoes, Rummikub, or any fun game. Newcomers happily welcomed! Contact Carol B [not in public edition].		
Activist Letter Writers	First & third Wednesdays, 11 am at member homes during construction. When we return to Chalice, we will meet in the Hub, Blue Room	Join us for lively discussion and post card writing, with action as an outcome. New activists welcome. Contact: Kaye C at [not in public edition]		
Men's Support Group	Second Wednesday 6:30 pm Escondido location & a group hike	We get to know and support each other by sharing experiences, thoughts and feelings from our lives. If you are interested please contact Barry H at [not in public edition] Barry can tell you more about the group, including the location.		
Memoir Writers Group	Second Thursday 10 am Meet at Bruce & Kaye's this month.	Alice Dodd leads this group in writing personal memoirs. meets once a month. This is a great way of getting your thoughts and memories on paper. Contact Alice D at [not in public edition]		
Fiber Arts & Crafts	Third Wednesday 1:30 to 3:30 pm Chapel	We chat and work, primarily needle-crafts like knitting, or embroidery, but any portable crafts are welcome. Contact: Bonnie P at [not in public edition]		
Prayer Circle	Third Wednesday 7 pm Chapel	Join Rev. Sharon for a Unitarian Universalist prayer circle. Please come prepared to request prayer and to offer prayer to others. All are welcome. Contact: RevSharonWylie@gmail.com		



Weekly Groups & Activities - You are welcome here!

Yoga — from Kathy Zapata

Along with everyone else, Chalice's Tuesday evening yoga class is on the move! We will meet at 7:00 pm as follows:

- August 6 and 13 in the Chalice Chapel (hopefully)
- August 20 and 27 no yoga as Alec, Kathy and Chris are all traveling
- September 4 onward in the Rainbow Room in the Hub

Questions? Call Kathy at [not in public edition]



Chair Yoga — from Patty Carlisle

Monday class: Starting next week, I'll be teaching a Monday chair class at Temple Adat Shalom. It will be structured very much like the Tuesday class. Like the Tuesday class, this is a donations class (recommended \$2 per class) with the money going to the temple. The exception to that is for those of you who pay a membership fee to access any or all of the classes offered at the temple. If you have that membership and, when you come to class, wear the blue wrist band signifying that, you will be covered by that membership with no additional donation needed for the chair class. Class will be in the large room.

Start time for the Monday class is 11:30.

Tuesday class: We still don't have a definite date for our move back to the Chalice campus, so we'll continue at TAS until we get word that we can return. That, too, is a donations class with those donations going to TAS during the time we're using their lovely space.

Start time for the Tuesday class is 10:00.

I hope this explains the new schedule for you. You're invited and encouraged to attend both classes! I hope to see you next week!

Namaste, Patty

What	When, Where	Who & Why you want to participate		
Cracker Barrel Wednesdays, 9 am for breakfast, 9:30 for discussion at Marie Callender's in Escondido.		Liberal thinkers & friendly, supportive men. New friends are welcome. Open to all men of Chalice to meet life-long friends with a sense of humor. Contact: Marty S at [not in public edition]		
Zen Meditation	Thursdays, 8:30 am and Sundays, 11 am Sunset Wellness Center. When we return to Chalice, we will meet in the Hub, Blue Rm or Rainbow Rm	Chalice Friend Dr. Al Zolnyas offers instruction and Meditation practice. This group welcomes both seasoned meditators and those new to the practice. Website: freewayzen.org When we are able to use Chalice again, Al will be leading his twice weekly meditations at Chalice.		
Women's Meditation & Sunset Wellness Center at 1900 Sunset Dr., Escondido		Women's Buddhist Meditation. Mutual support and the practical implementation of Buddhism in order to enrich our daily lives. Contact: Carol B at [not in public edition]		



Chalice Dine-Out - Third Monday, August 19 at 6 pm

The Dine-Out group will meet at Pizza Nova located at 141 N Twin Oaks Valley, San Marcos. Singles and couples are all welcome for conversation, catching up, and getting acquainted. This is an open group that enjoys breaking bread together. Please RSVP to Cindy C at [not in public edition] before August 16th so Cindy may make reservations.



Chalice Women's Book Group - Third Tuesday, August 20 at 7:15 pm

August Book: The Masterpiece: A Novel ** Author: Fiona Davis

We expect to be back at Chalice by the third Tuesday of August. We may be meeting in the common room or the Hub depending on construction. Please come and join us for a stimulating and fun evening. Newcomers are welcome. For meeting place or other questions, please contact: Victoria C at [not in public edition]

September Book: *Transcription* by Kate Atkinson

Haven House Interfaith Community Dinner - Tuesday, August 27 at 6:10 pm (dates change each month)

Each month, volunteers from Chalice cook and serve a meal to the people who are staying at ICS, a local shelter. There are coordinators for each month, and Julia & Marshall Fogel keep the mailing lists and facilitate our participation in this community service project. If you would like to participate, contact Marshall at *[not in public edition]*



Ladies Out to Lunch - Third Friday - August 16 at 11:30 am

Ladies Out to Lunch will meet at Miguel's Cocina restaurant. The address is 10514 Craftmans Way, in 4S Ranch. Come and join us for conversation and getting acquainted -- newcomers are most welcome. Please contact Carol S at [not in public edition] to RSVP, or for better directions.



Circle Suppers - Third Saturday, August 17 at 6 pm

Single adults, couples, new and old Chalice folk, are welcome to join us. Circle Suppers are monthly dinners in a pot-luck format with usually eight people at a host's home. The number of dinners each month depends on how many people participate that month.

There is no obligation to host a dinner. This is a great way to get to know each other better and further our sense of community. Newcomers are welcome.

If interested in attending please contact Emily T by August 10 at [not in public edition]

Readers' Theater - Fourth Monday, August 26 at 6:45 pm

In August, we'll be reading aloud the 1836 comedy *The Government Inspector*, by Nikolai Gogol, adapted for the stage by Jeffrey Hatcher. When the locals in a small Russian hamlet learn that an undercover government inspector is coming for a surprise visit, an unfortunate case of mistaken identity sends the whole village spiraling into a world of panic and greed. Witty, smart and wildly satirical, this timely and spirited adaptation of Nikolai Gogol's classic play exposes the corruption of a provincial town with biting hilarity. Please join us — newcomers and listeners are always welcome at our gatherings! We will meet in the Chalice Chapel this month. Please contact Deb C at [not in public edition] so we'll know to expect you.

Chalice UU Congregation ** August 2019 ** Services, Meetings, Events



Sat	3	10	17 10:00 am Worship Team 2:00 pm Memorial Service for Es Gaunt 6:00 pm Circle Suppers	5.00 pm Private Party 10:00 pm Newsletter Deadline	31
Fri	2	6	16 11:30 am Ladies-Out-To- Lunch	23	30
Thu	1 8:30 am Zen Meditation 10:30 am Women's Study 3:00 pm Staff Meeting	8:30 am Zen Meditation 10:00 am Memoir Writers 10:30 am Women's Study 7:30 pm Chancel Choir	15 8:30 am Zen Meditation 10:30 am Women's Study 7:30 pm Chancel Choir	22 8:30 am Zen Meditation 10:30 am Women's Study 7:30 pm Chancel Choir	29 8:30 am Zen Meditation 10:30 am Women's Study 7:30 pm Chancel Choir
Wed	re is a ember	7 9:00 am Cracker Barrel 11:30 am Activist Writers	14 9:00 am Cracker Barrel 1:00 pm Board Games 6:30 pm Men's Group	9:00 am Cracker Barrel 11:30 am Activist Writers 1:30 pm Fiber Arts 6:30 pm Family Ministries 7:00 pm Monthly Prayer Circle	9:00 am Cracker Barrel 1:00 pm Board Games
Lne	on, visit ne "News" tab, there is a ou do not need a member	6 10:00 am Chair Yoga 2:00 pm Coord Team 7:00 pm Yoga 7:00 pm Exec Board	13 10:00 am Chair Yoga 7:00 pm Yoga 7:00 pm Board	20 10:00 am Chair Yoga 2:00 pm Coord Team 7:15 pm Women's Book Group No yoga tonight	10:00 am Chair Yoga 6:10 pm Haven House No yoga tonight
Mon	e informations; org; under the an access. Yo	જ	12	19 6:00 pm Dine-out Circle	26 6.45 pm Readers' Theater
Sun	For the most accurate information, visit ChaliceUUCongregation.org; under the "News" tab, there is a Calendar that anyone can access. You do not need a member	10 am " at the Park" Chalice will meet at Felicita Park, Area 4 Rev. Sharon Wylie "CelebratingThe Harvest" 11:00 am Zen Meditation with Al	10 am " at the Park" Chalice will meet at Felicita Park, Area 4 "A Blessing of Ordinary Things" 11:00 am Zen Meditation with Al	 18 9 & 11 am Worship Service: Rev. Sharon Wylie" "Even Good Chanbge is Hard" 9 am RE Classes 3:30 pm Zen Meditation 	9 & 11 am Worship Service: Lay-Led Service "The Power of We" 9 am RE Classes 3:30 pm Zen Meditation

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August 2019 Chalice PrevUUs Magazine Section

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Vol. 20 # 8B

Minister's Message for August

As I write this, I'm just a few days back from the silent retreat I lead each summer. Unlike previous years when I've been on retreat, this time I took a full break from reading news and engaging with social media. Disconnecting like that enhanced the benefits of being on retreat, which is always—no matter what kind of retreat—meant to be a break from everyday life. It is perhaps harder to retreat these days, since everyday life is so easy to bring with us in the form of our electronic devices.

I get much pleasure and enjoyment from social media, but along with the fun of connecting with congregants, colleagues, friends, and family comes the inevitable posts with news of injustice and corruption. I don't aspire to live in a bubble. But I also cannot function well—or respond meaningfully—to the 24-hour onslaught of bad news. Social media, much as I enjoy it, participates fully in that never-ending onslaught.

So I was surprised, but perhaps shouldn't have been, at how easy it felt to unplug. Instead of picking up my phone, I picked up a book. When I wasn't quite sure what to do with myself, I would go for a walk. There were plenty of things to do on retreat: work a puzzle, make a collage, walk the labyrinth. The activities I had to choose from all nurtured my spirit, calmed my wandering mind, or were just fun and interesting.

And perhaps most importantly, when I finally got home to catch up with the news, I found that there was very little that needed my attention. Certainly, there is always something happening, something to read, something to become absorbed by. And absolutely, newsworthy and significant events happen every day. It is not all just noise.



Still...there was very little that needed my attention. There was actually very little that I needed to catch up on in order to be informed. If I had been reading news throughout the week, I would have spent hours reading. To "catch up"



Rev. Sharon Wylie

and feel oriented took less than an hour.

I don't know what that means for me in returning to regular life. Certainly I don't think reading the news just once a week is something to aim for. What I did learn is that much of what captures my interest day in and day out probably isn't that important. And there's not a big a difference between hearing news immediately and learning it a few days later.

We are all of us struggling to figure out how we conduct our daily lives while living through these tumultuous and bewildering times. I invite you to join me in considering how to find the balance between "informed" and "overwhelmed" when it comes to news reading.

Blessings and love, Sharon

To schedule an appointment with Rev. Sharon:
Online: https://calendly.com/revsharonwylie/Text or call: 619.871.9959
Email: revsharonwylie@gmail.com



President's Message for August 2019 - Alec Bergamini

I hope you are enjoying your summer – I sure am! The weather has been beautiful allowing the finishing work on our Chalice home to progress at speed. Hopefully we will be attending services by the time you read this.

Last month I started laying out the Board of Trustees' new goals for this coming year. I discussed the first goal, to "Find new sources of funds and creative ideas for fundraising in and out of Chalice including (specifically) raising \$50k for the Spirit Level Foundation grant and reserves restoration." You either have or will soon receive a letter explaining an exciting opportunity to help Chalice. There are also other shenanigans at foot. Stay tuned!

We have a lot to be thankful for this year. First there's the new building a.k.a the Hub. On top of that, this is the 20th anniversary of Chalice's founding. These call for celebration, pomp and circumstance, singing, dancing, and reflection.



Alec Bergamini

To this end, we have the second Board Goal - "Celebrate the New Chalice and Chalice's 20th anniversary within and beyond our congregation". We have a new "Hub", new parking lot, new landscaping, and soon, a new playground, and, that's right, Chalice will be twenty years old in 2020. There's lots to be grateful for so lots to celebrate. We envision a number of events over the course of the year, both for ourselves and the broader community. What exactly these events will be is still a big question. We are asking Chalice members and groups to consider and suggest ideas, and so we have . . .

The Monthly Challenge Question: How should Chalice celebrates its new digs? How should we celebrate its 20th anniversary? Think both inside and outside of the box. Don't limit yourself to fiestas and food, what about ceremonies and rituals? Personally, I'm a big fan of sage burning. Let your ideas be manifest and send them to ChaliceBoard@o2a.com.

The third, and my favorite, Board goal for this year is to "Encourage the congregation in discussions about Chalice's mission". This is a more personal, even spiritual goal than the first two, and serves to answer the question, "Why are we here?" Reverend Sharon spoke on the subject of mission throughout the last year and it's a big subject especially when considered by a liberal religious organization that has no faith-based book of purpose to fall back on. As Unitarian Universalists we are encouraged to constantly refine our mission as part of our spiritual practice.

As the year unfolds I will come back to this "mission" goal often, and hopefully, we can ignite a meaningful discourse so **stay tuned**.

Chalice Web Site: ChaliceUUCongregation.org

Address: 2324 Miller Ave Escondido, CA 92029 Phone: 760-737-0393

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With much gratitude to our Proofreaders: Peggy Kiefer, Callie Leef, and Andi Stout



CALLING OUR BELOVED ELDERS AND THEIR LOVED ONES!

Have you given up night driving due to vision issues? Or has your doctor or family recommended you give up driving altogether? This does not need to mean losing your independence or access to your friends, your Chalice community, and your busy social life.



Thanks to smartphone apps like Uber and Lyft, having to drive yourself is SO last millennium! The Social Justice and Service Team will hold a training session at 10:00 am on Sunday, September 22 in the chapel to introduce you to these rideshare apps, help you download and set up your accounts, and train you in using them. You do need a smartphone, so if you're still using an old flip-phone, now's the time to upgrade. A cheap, simple smartphone will do the trick; it doesn't have to have lots of extra bells and whistles. Here are two recent articles that might help you if you need to upgrade to a smartphone:

https://www.maketecheasier.com/best-smartphones-for-seniors/

https://www.retirementliving.com/5-best-smartphones-for-seniors

Questions? Call Kathy Z at [not in public edition]

Chalice Board of Trustees Report ** July Meeting for August Newsletter

The Chalice Board of Trustees met for their regular monthly meeting on July 9, 2019 at 7 pm at President Alec Bergamini's house. Chalice bookkeeper, Delynn Kelly, offered a training session on how to read and understand the various financial reports that are reviewed each month. Board members were reminded that the Board has fiduciary responsibility for following policies and legal matters. It was reported to the Board that there is a need to raise funds to match the Spirit Level Foundation grant and to restore the money borrowed from the reserves for unexpected Construction related expenses. The Board moved to authorize this fund raising campaign. The Board goals for 2019-2020 were reviewed and Board members were strongly encouraged to champion one or more of the three goals. The goals were discussed and Board members began to express ideas as to how to meet these goals, especially encouraging discussion among the congregation about developing a new mission statement.

Coordinating Team Report for July Board meeting

- Made decisions about chapel paint colors, light fixtures, storage, and cleaning
- Preparing to return to Miller Avenue campus
 - Designated new uses for existing spaces and prioritized work ahead
 - ♦ Created timeline for Sundays in July, move-in tasks and projects
 - Planned sale of Tuff Shed (worship shed)
 - ♦ Tentative plan for reassembly of tarps on Saturday, July 27
 - Met with Dean Goddette, Construction Project Manager
- Planned task force for planning furniture in the Hub
- Reviewed construction budget with Delynn and Dean
- Developed questions for the Year-End Review Report
- Set dates for Council of Chairs meetings for the next year
- The Council of Chairs meeting on July 13 will feature Alec Bergamini (congregational president) leading a discussion on fundraising ideas



Chalice Music Ministry

Having Fun At Felicita Park

Worship at Felicita Park in July was a lot of fun! Many thanks to Stuart Holmes for providing his sound equipment to make it all happen. Our Hymn Sing and Blessing of the Animals were made all the more special by having our Music Director, Tim McKnight, back at the keyboard.



Chalice Youth Attend Camp Bravo!

Five youth from Chalice attended Camp Bravo in June, held at our very own de Benneville Pines. Camp Bravo gives young people interested in the performing arts a beautiful outdoor setting and a safe, non-competitive environment in which to immerse themselves in the thrill of performing. The Chalice Music Committee is happy to have awarded scholarships to Bryce and Logan Hassig to attend the camp. The scholarships were made possible through the Gloria Angelo Arts Education Scholarship Fund. Bryce and Logan were joined at Camp Bravo by Leah Brown, Hazel Barnard, and Teddy Barnard.

The Gloria Angelo Arts Education Scholarship Fund was established in 2007 by Paula Gonzales in memory of her mother, Gloria Angelo (a founding member of Chalice). Scholarships are available for lessons, workshops, summer camps, and other educational opportunities in

the arts. Drama, dance, music, voice, painting, and drawing are among the arts that would be supported by this fund. For more information on this fund and for applications, email

music@chaliceuucongregation.org











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