



Chalice Construction Update

January 6, 2019

Site Prep Completed

The Chalice campus was cleared off and cleared out in preparation for construction. The final plans have been printed on mylar and are being circulated at the City for final signatures. We expect this to be completed shortly. We will then have to pay for the permits, following which a pre-construction conference with the City will be scheduled. We are hoping that all this will happen next week!

Dean Goddette
Renovations Committee
Chair



Sunday Service at 1:30 p.m.

January 6 **Lay Led Service** **"Letting Go" All-Church Service**

Temple Adat Shalom at 1:30 p.m.

We celebrate the new year by considering what burdens we might want to release in order to continue our life's journey less encumbered. Our ritual will invite you to let go of something weighing you down, and also to affirm what you want more of in your life. Please join our worship associates for this lay led service. Chancel Choir will sing.

January 13 **Rev. Sharon Wylie** **"What Brings Us Together"**

Temple Adat Shalom at 1:30 p.m.

UUUs do not believe that church attendance is necessary to connect with the holy or to appease a judging God. So why do we have congregations? This is the fifth in a 10-part series on UU theologies, informed by the book *A House for Hope: The Promise of Progressive Religion for the Twenty-First Century* by Buehrens and Parker.

RE Classes for all ages during 1:30 service.

January 20 **Rev. Sharon Wylie** **"Centering Other Voices"**

Temple Adat Shalom at 1:30 p.m.

In honor of Martin Luther King Day, today's service will feature the voices and stories of Unitarian Universalists of color offering religious leadership. Featured readings will come from the book *Centering: Navigating Race, Authenticity, and Power in Ministry* edited by Mitra Rahnema.

RE Classes for all ages during 1:30 service. Chancel Choir will sing.

January 27 **Rev. Jason Shelton** **"Worship at First Church"**

This morning we will gather with our friends at First UU Church of San Diego, at 4190 Front Street, San Diego for their regular service times of 9:30 a.m. and 11:30 a.m. The service will be led by Rev. Jason Shelton, UU minister, musician, and composer.



Chalice Auction

We have a venue and a date!!

DATE: Saturday, February 9th.

TIME: Social Time at 4:00; Auction at 5:00 pm

LOCATION: Woman's Club of Escondido at 751 N Rose between Mission and Washington.

They have pictures and a room diagram on their web site:

womansclubofescondido.org. There is seating for 170 people, a large parking area, a stage with a pull down screen, a large fully equipped kitchen, and more chairs and tables than we need. The fee is \$600. We have the room from 2:00 until 9:00. To give enough time for clean up the auction times have been moved ahead a half hour.

Social time 4:00

Paddles 4:30

Auction 5:00

AUCTION DONATIONS

The annual Auction fund raiser does many things: raises money for Chalice; fills people's social calendars; and provides a fun evening for everyone.

To reserve a date for an event or service check with Debi Streett-Idell on the patio Sundays or send the following information to the auction e-mail address: chaliceauction@gmail.com.

Type of donation:

Party, Musical Event, Dinner, Treasure, Gourmet, Service

Date of event or service

Title for Catalog

Number of items or number of guests

Value of the item or event

Minimum bid

Donor(s)

Primary Contact

Description

Please include a picture of your item

Seeking Nominations for the Board of Trustees

Chalice's Nominating Committee (Andi Stout, Chair; Susan Spoto; and Kathy Zapata) is seeking nominations for open positions on the Board of Trustees.

Open positions include:

Vice President

Treasurer

Two trustee positions

Recommended qualifications vary depending on the position. If you wish to nominate anyone, including yourself, please contact Andi S. *[not for public]*. Nominations will close on Wednesday, March 6, 2019.



AUCTION BASKETS

A new feature of this year's Auction will be "Silent Auction Baskets". The baskets can be built around any exciting theme (Movie Night, A Gourmet Food, Jewelry, Small Treasures, or what ever creative idea the donor decides). As you can tell by the title the baskets will be auctioned silently. Regular treasures will be auctioned in the usual manner. The baskets must be registered and receive a catalog number so see Debi S-I with her calendar on Sunday.





Music Ministry for January

Chancel Choir in January

Jan. 6: The **Chancel Choir** will present "The Longest Night" composed by Jason Shelton, with words by Julie Middleton.

Jan. 20: The **Chancel Choir** will present "Ella's Song" by Sweet Honey in the Rock



Stuart Holmes
Interim Music Director

Calendar of Upcoming Music Program Events

Singing Our Tradition at First UU Church

Saturday & Sunday, January 26 & 27

Celebrating UU Composers

Rev. Jason Shelton!

Continuing with our monthly celebration of UU composers, in January we celebrate UU minister and composer, Rev. Jason Shelton. Formerly a Franciscan brother, Rev. Shelton served as Associate Minister for Music at the First Unitarian Universalist Church of Nashville from 1998-2017. In addition to Jason's work as a composer, he is an active choral conductor and worship leader, and an advocate for using music as a means of creating community in multi-faith, multi-cultural environments. Rev. Shelton is the composer of some of our favorite hymns, like "Standing on the Side of Love" and "The Fire of Commitment." In 2012, Tim McKnight led a combined choir of singers from UU congregations in San Diego County to present Rev. Shelton's "Sources: A Unitarian Universalist Cantata."




We have a special opportunity to work and worship with Rev. Jason Shelton at the First Unitarian Universalist Church of San Diego, January 26-27. Watch the ENUUS for more information!



Parking Note - Once construction begins, there will be street work going on on Miller, in front of Chalice. There will be no parking available on the grounds, on the (former) parking lot, or on Miller Ave in front of Chalice. Hamilton will be the nearest place to park.



Groups & Activities - You are welcome here!

What	When, Where	Who & Why
Chair Yoga	Tuesdays, 10 am At Temple Adat Shalom	Patty Carlisle leads this weekly yoga class to share the healing aspects of yoga. Individuals exercise and strengthen their bodies. In this class, you will be surrounded by positive, caring people. <i>[not for public]</i> .
Yoga	Tuesdays, 7 pm Sunset Chiropractic Office at 1900 Sunset Dr. Escondido starting Jan 8	Kathy Zapata-Bergamini, Alec Bergamini, or Chris O'Connor lead the class on Tuesday evenings. Every class is different, but you will always be glad you came. Newcomers are welcome. \$5 donation suggested. <i>[not for public]</i> .
Cracker Barrel 	Each Wednesday, 9 am for breakfast, 9:30 for discussion at Marie Callender's in Escondido	Liberal thinkers & friendly, supportive men. New friends are welcome. Contact person is Marty S <i>[not for public]</i> . . Open to all men of Chalice to meet life-long friends with a sense of humor.
Activist Letter Writers	Meeting the first & third Wednesday each month. Contact Kaye for location.	Join us for lively discussion and post card writing, with action as an outcome. New activists welcome. Contact Kaye C at <i>[not for public]</i> . if you have questions.
Zen Meditation	Location: Sunset Chiropractic Office Thursdays, 8:30 to 10:30 am and Sundays, 3:00 to 5:00 pm	Chalice Friend Dr. Al Zolnyas offers instruction and Meditation practice. This group welcomes both seasoned meditators and those new to the practice. Off-site location: Sunset Chiropractic Office at 1900 Sunset Dr., Escondido
Women's Meditation & Study	Thursdays, 10:30 am to 12:00 noon.	Women's Buddhist Meditation will meet at Sunset Chiropractic, 1900 Sunset Drive, Escondido, 92025.. Meeting time is the same. Contact person Carol B <i>[not for public]</i> .
Board Games	Second Wed., January 9 1:00 pm Carol B's home.	A lively group meets to play games: Mexican dominoes, Rummikub, or any fun game. Newcomers happily welcomed! Contact Carol B <i>[not for public]</i> .
Men's Support Group	Second Wednesday 6:30 pm Escondido location & a group hike	We get to know and support each other by sharing experiences, thoughts and feelings from our lives. If you are interested please contact Phil Comer at 410-608-8507. Phil can tell you more about the group, including the location.
Memoir Writing	Second Thursday 10:00 am at member homes contact Alice for location	Alice Dodd leads this group in writing personal memoirs. Contact Alice <i>[not for public]</i> .
Fiber Arts & Crafts	Third Wed., January 16 1:30 to 3:30 pm At member homes	We chat and work, primarily needle-crafts like knitting, or embroidery, but any portable crafts are welcome. Contact person is Bonnie Packert at <i>[not for public]</i> .
Prayer Circle	Third Wednesday 7:00 to 8:00 pm Chapel if available	Jan. 16 join Rev. Sharon for a Unitarian Universalist prayer circle. Please come prepared to request prayer and to offer prayer to others. All are welcome. RevSharonWylie@gmail.com



Chalice Dine-Out - Meets on Monday, January 21 at 5:00 pm

Dine Out on January 21st at Cork and Craft at 5:00 pm in Rancho Bernardo.

16990 Via Tazon, San Diego. Contact Cindy C [not for public].

Single, couples, or whatever - all are welcome. Come join us; break bread with good friends, enjoy good wine and good food.



Chalice Women's Book Group - Meets Third Tuesday, 7:15 pm January 15

In January, we choose books to read in 2019

Join us on Tuesday, January 15 at 7:15 pm. There is no book scheduled as this meeting is reserved for choosing our reading list for the next year from books nominated by group members. It is always a great night of fun, food, and books. For meeting place or other questions, please contact: Dani C [not for public].

Haven House Interfaith Community Dinners - Dates change each month

Our next dinner service is scheduled for **Monday, January.**

14 at 6:00 pm. Each month, volunteers from Chalice cook and serve a meal to the people who are staying at the local shelter. There are coordinators for each month, and Julia & Marshall Fogel keep the mailing lists and facilitate our participation in this community service project. If you would like to participate, contact Marshall at [not for public].



Ladies Out to Lunch - Third Friday - January 18, at 11:30 am

The Ladies Out to Lunch will meet at the Brigantine Restaurant in Escondido on Friday, January 18 at 11:30 am. Location is 421 W. Felicita Ave. This is a friendly group of women who welcome newcomers. Time to relax and eat with friends is a gift we give ourselves.



Circle Suppers - Third Saturday at 6 pm - January 19

It's a great way to begin 2019. Join us for Circle Supper on Saturday, Jan. 19, 2019 at 6 pm. Circle Suppers are monthly dinners in a pot-luck format with usually eight people at a host's home. The number of dinners each month depends on how many people participate that month. This is a great way to get to know each other better and further our sense of community.

Newcomers are welcome. If interested in attending please contact Dani C by Wed., Jan.9 or if you have any questions: [not for public].

Readers' Theater

On Monday, January 28, we will be gathering at 6:45 in the Chalice Common Room to read aloud the contemporary drama **The Library**, by Scott Z. Burns. **Newcomers and listeners are always welcome at our gatherings!** The plot: "After a young woman survives a deadly shooting at her high school, she struggles to tell her story to her parents, the authorities, and anyone who will listen. But there are other narratives that gain purchase in the media and paint her in a different light. A bold and chilling play that asks us to examine our relationship to the truth and the lies that claim to heal us." Please contact Deb C. at [not for public]. in advance, especially so that she can alert you in case the group needs to meet elsewhere due to construction.



Chalice UU Congregation ** January 2019 ** Services, Meetings, Events



Sunday	Mon	Tue	Wed	Thu	Fri	Sat
6 1:30 pm Worship Service: "Letting Go" Lay-Led All-Church Service At Temple Adat Shalom 3:30 pm Zen Med - off-site	7	1—Office Closed No Chair Yoga today 7:00 pm Yoga	2 9:00 am Cracker Barrel 11:30 am Activist Letter Writers 7:00 pm Exec Board	3 8:30 am Zen Meditation 10:30 am Women 's Study 6:30 pm Handchimes 7:30 pm Choir Rehearsal	4 7:00 pm Food Addicts Anonymous	5
13 1:30 pm Worship Service: "What Brings Us Together" Rev. Sharon Wylie 1:30 pm RE Classes At Temple Adat Shalom 3:30 pm Zen Med - off-site	14 6:05 pm Haven House	15 10:00 am Chair Yoga 7:00 pm Yoga 7:15 pm Women's Book Group	16 9:00 am Cracker Barrel 11:30 am Activist Writers 12 noon Office Closed 1:30 pm Fiber Arts 7:00 pm Monthly Prayer Group	17 8:30 am Zen Meditation 10:30 am Women 's Study 6:30 pm Handchimes 7:30 pm Choir Rehearsal	18 11:30 am Ladies-Out-To- Lunch 7:00 pm Food Addicts Anonymous	19 9:00 am Women's March 2019 10:00 am Worship Team 6:00 pm Circle Suppers
20 1:30 pm Worship Service: "Centering Other Voices" Rev. Sharon Wylie 1:30 pm RE Classes At Temple Adat Shalom 3:30 pm Zen Med - off-site	21 5 pm Dine-Out	22 10:00 am Chair Yoga 1:00 pm Coord Team 7:00 pm Yoga	23 9:00 am Cracker Barrel	24 8:30 am Zen Meditation 10:30 am Women 's Study 6:30 pm Handchimes 7:30 pm Choir Rehearsal 8:00 pm Newsletter Dead- line	25 7:00 pm Food Addicts Anonymous	26 12 noon Board & CT Re- treat (off-site)
27 9:30 & 11:30 am "Worship Service at First UU" Rev. Jason Shelton RE Classes—see website 3:30 pm Zen Med - off-site	28 6:45 pm Readers' Theater	29 10:00 am Chair Yoga 7:00 pm Yoga	30 9:00 am Cracker Barrel	31 8:30 am Zen Meditation 10:30 am Women 's Study 6:30 pm Handchimes 7:30 pm Choir Rehearsal		

For the most accurate information, please go on-line to ChaliceUUCongregation.org and click under the "News" tab. There is a drop down menu with a button for the Calendar. Anyone can access that calendar; you do not need to have a member password. While there is construction at Chalice, most meetings will be moved off campus. The on-line calendar will have the most accurate information.



January 2019 Chalice PrevUUs Magazine Section

Newsletter of the Chalice Unitarian Universalist Congregation of Escondido, California
2324 Miller Avenue, Escondido, CA 92029 Phone: 760-737-0393
Website: ChaliceUUCongregation.org

Vol. 20 # 1B



Minister's Message for January

A prayer for Chalice
Unitarian Universalist
Congregation
On our last Sunday
before construction
begins
December 30, 2018

For 14 years we have gathered in this space on
Sunday morning for worship.

We have laughed here, cried here, sung our
hymns, lit candles, and listened to the
choir.

In this room we have gathered to mourn our
beloved dead.

On these grounds our children have played.
We have wandered through the garden.

Met in the cottage, ate in the kitchen, talked on
the patio.

This place is precious, our spiritual home,
A touchstone of comfort.

And now, this morning, it is time to say goodbye
For a time.

And so we pray.

Spirit of Life,

We pray for the safety and well-being of all the
construction workers and other members of
the project team who will work here.

We pray that construction goes well, and quickly.

We pray that the construction team will know how
important this campus is to us, and will treat
it with appropriate care.

We pray our gratitude for the good people at
Temple Adat Shalom, who have space for
us and have been so accommodating. We
pray for their safety and well-being.

And we pray for ourselves, we Chalice
congregants. We pray that we still feel
ourselves connected to each other, even as
we are apart from this spiritual center.

We pray for the resilience to withstand all the
changes and disruptions we face in the
months ahead.

We pray for our safety and well-being.

And we pray our gratitude for the many blessings
and commitments made by our Chalice
community, that have made construction of
a new building possible.

Amen

Bright blessings,
Sharon

To schedule an appointment with Rev. Sharon:

Online: <https://calendly.com/revsharonwylie/>

Text or call: 619.871.9959 ** Email: revsharonwylie@gmail.com

Coordinating Team Report for Dec. Board meeting

Reviewed questions about expenses that are related to construction, but not part of the
construction budget. CT will confirm budget with Dean Goddette.

Discussed and began a plan for responsible disposal of all waste on property.

Reviewed the "Small Group Formation Procedure" and approved changes.

Reviewed quarterly committee expenses through the end of September.

Memoir Writing Group description was received and officially approved.

Created an action plan for use once building permit is approved.

Sub-committee met with construction landscaping company.

Reviewed list of groups and meeting locations.



President's Message for January 2019 - Marshall Fogel

How to Live to 100

"The longer I live the more beautiful life becomes." Frank Lloyd Wright

As a public service to Chalice congregants and friends, I want to share the secrets I learned about aging while practicing Internal Medicine and Geriatrics for almost 40 years. Before reading further though, ask yourself whether living to 100 is a great idea. A national study in Denmark found more than 55% of centenarians live in nursing homes, while dependency rises to 70% and dementia prevalence reaches 50%. If you don't believe me, just attend a Cracker Barrel meeting! (Just kidding guys.) Life can be difficult for the very old with chronic pain, social isolation, and multiple diseases. Interestingly, in a career mostly dedicated to caring for older folks in the Midwest and the South I probably had no more than a dozen patients reach 100. When I asked them how they did it, these experts in advanced age said something about working hard and moderation and keeping a positive attitude.

As of 2010, there were 53,324 centenarians in the US, less than 1% of the population. However, 1 in 3 children born today are expected to live to 100. So, with our declining birth rate these kids will need to be thinking about retirement financial planning before they are out of diapers.

Prevention magazine had an excellent guide to living to 100. Included items: Avoid obesity, eat more fiber, drink tea, eat purple food, avoid red meat, run 40 minutes per day, strengthen your legs, be outgoing and positive and have a youthful attitude, have good relationships and close friends, attend college, embrace technology, slow your pulse, have babies later in life and delay menopause, be sure your mother had you while she was young, treat your sleep apnea, avoid traffic, don't get psoriasis, and be a good

grandparent. **Those who attend religious services once a week reduced their chances of death by 20%, even if they smoke, drank alcohol and didn't exercise.**

You will certainly age better if you avoid heart disease, strokes, cancer, and falls.

Some of this will be a matter of luck, but if you want to live to 100, I recommend not smoking, keeping your blood pressure under control, treating cholesterol abnormalities, and following cancer screening guidelines.

It also helps to be Japanese and either a doctor, lawyer or accountant and a high earner. Countries with lots of old people eat limited amounts of refined sugar or processed foods too.

So, what is the big secret to longevity? Genetics of course. My father and his twin sister are both 92 for example. One never smoked or drank and is very lean, limited to a calorie-deficient boiled chicken diet most of her life. The other smoked heavily till age 40, drinks wine daily, loves Italian food and is frankly obese. My father never exercised intentionally after WW II. Yet, here they are mostly healthy and independent.

So, my friends, pick your parents wisely and remember the words of David Bowie: "Aging is an extraordinary process where you become the person you always should have been".

Happy New Year. Live long and prosper!



Marshall Fogel

Unitarian Universalist International and District Gatherings:

District Assembly will be held in Long Beach, CA in April 2019.

UUA General Assembly will be held in Spokane, WA in June 2019.

Representatives from Chalice are encouraged to attend. Several members of the Board plan to attend. More information is available on the websites:

Pacific South West District: pswduua.org or

Unitarian Universalist Association: uua.org





Family Ministry

Chanukah Celebration at Temple Adat Shalom

About 30 people from Chalice joined our Jewish friends at Temple Adat Shalom for their Chanukah holiday party on December 9. We got to listen to the story of Chanukah, sing songs, meet some new friends and enjoy a latke dinner followed by crafts and games for all ages.



Kathleen Swift
Director of Family Ministry

I HAVE A LITTLE DREIDEL

I have a little dreidel, I made it out of clay and when its dry and ready,
then dreidel I shall play.

Chorus: Oh, dreidel , dreidel , dreidel , I made it out of clay
Oh, dreidel, dreidel, dreidel, now dreidel I shall play

I have a little dreidel, I made it out of paint and when its dry and ready,
I think that I shall faint

I have a little dreidel, I made it out of sand and when I tried to spin it,
it crumbled in my hand

I have a little dreidel, I made it out of air and when I tried to spin it,
it wasn't even there.



Winter Solstice Celebration

At our Chalice Winter Solstice celebration, about 55 people gave the gift of their light to the Advent Spiral, all under the watchful eye of the resplendently full Mother Moon.



Poetry Service

April 14, 2019 is the date of the annual Chalice Poetry service, when Chalice poets share their musings with the congregation and help us see life from a different perspective. The theme this year is "Reflections On Home." If you have already penned such a poem or want to write one, please contact Patty C. *[not for public]*. Your poem should be 1 – 2 minutes long when read aloud. If you have a favorite poem on that subject written by someone else, please send me a copy. Other questions? Feel free to call or email Patty.



Cluster Social Justice News

The American Friends Service Committee (AFSC) issued a nationwide moral call for migrant justice entitled “[Love Knows No Borders](#)” which began with a day of prophetic witness at the border of San Diego/Tijuana on December 10, International Human Rights Day. Hundreds of faith leaders converged on our border region to call on our government to respect the human right to migrate, end the militarization of our border communities and end detention and deportation of immigrants. As a cluster, we showed up – with offers of home hospitality to folks who were traveling from afar, in ministerial and lay engagement and participation from all five congregations and UUs were well represented in sheer numbers as a [faith](#) and [religious tradition](#).

As we look to 2019, the [Welcoming Congregation’s “Renewal” Program](#) is on the horizon. The UUA has unveiled the “Five Practices of Welcome Renewal” which are benchmarks that every congregation will need to integrate into congregational life in order to ensure that lesbian, gay, bisexual, transgender, intersex, asexual, two-spirit, genderqueer, non-binary, and the like feel fully welcomed, centered and embraced. In order to remain “current,” Welcoming Congregations must renew the Five Practices of Welcome every calendar year on an annual basis. Social Justice leaders from our San Diego cluster congregations are in conversation about how to support one another in renewing our welcome.

Happy holidays – see you in the new year!

Angela Fujii



December 19 Interfaith Community Services General Membership Meeting Report

Julia Fogel attended the meeting as a Chalice representative. A review of the year 2018 was presented, including Partnerships, Volunteers, Housing and the HOPE Faith-based Crisis Response Team. In addition, a new program, called Path to Permanence was announced. This program provides crisis housing and rapid re-housing for up to 16 families who are homeless or escaping domestic violence. The families are housed for up to 90 days while finding permanent homes.

Chief Executive Officer Greg Anglea gave updates, including the good news that ICS will now be reimbursed up to \$5.2 million from the County Board of Supervisors for services from the Recovery program.

This was followed by a special election of Board members to replace several members leaving the board. The slate of candidates was accepted by the membership. New board members include Rabbi David Castiglione, Saima Akhter, Faye Rencher, Pastor Frederico Salas, and Paul Marx.

Members were reminded that you can be friends with Interfaith on Facebook and Twitter, and that Greg Anglea’s podcasts can be accessed from homelessinsandiego.org.

Please check our social justice table for additional handouts from the meeting, or visit www.interfaithservices.org for more meeting information.



Chalice Board of Trustees Report

The Chalice Board of Trustees met for the regular monthly meeting on Tuesday, December 11, 2018. An inspiring video by the UUA highlighting the core values of Unitarian Universalism was presented. Reports on two of the Board Goals for the year including the status of the Phase I Renovation Project and the Mission Statement Development were reviewed and discussed. Information gained from the focus groups on reaching new UUs was distributed in a handout for further review at the Board/Coordinating Team retreat in January. Board members reported on the Active Shooter Safety Planning program that they had recently attended. Folks were again encouraged to attend GA to be held in Spokane, WA in June 2019 and/or the District Assembly to be held in Long Beach, CA in April 2019. It was decided that Chalice should participate in the Chalice Lighters grant program offered by the Pacific Southwest District. Chalice will need to have 20% participation to be eligible to receive a grant.

Notes Of Comfort

Notes of Comfort, our Chalice Compassionate Choir, brought a musical healing presence to several friends and members last month. Jerre Doughty and Newt Stafford, Miriam Jupp (Sophie Cosgrove's mother), and Es Gaunt were all visited by Notes of Comfort. This musical ministry made a positive difference in each person's life. From Newt and Jerre: "It was a very special gift of love you gave to us." From Miriam Jupp: "What a treasure my memories are of your group's visit last week!" And from Kate Gaunt, Es's daughter: "Mom has been beaming since your visit and can talk about nothing else."

If you would like to receive the comfort of music or know someone who would, or if you would like to sing with Notes of Comfort, please call Julia F *[not for public]* for further information.



Chalice is now on Instagram!
Follow us at
[@chaliceuuescondido](https://www.instagram.com/chaliceuuescondido).
Thanks!



Chalice congregation supporting voting efforts for the 2018 mid-term elections

Chalice congregants are active voters, participating in the important task and responsibility of holding elected officials accountable to the populace. That, however, is not enough to ensure that America elects representatives that reflect our true diversity of perspective. To address this challenge, a number of Chalice congregants undertook activities in the lead up to the 2018 mid-term elections. Unfortunately, our efforts to undertake voter registration in the Escondido secondary schools were thwarted by concerns of school officials that voter registration efforts might be partisan. This summary of activities below can be a guide for future work to improve voter turn-out.

Canvassing voters gave a face-to-face encounter with potential voters:

Victoria Tenbrink and Mike Hosford canvassed their precinct to encourage “get out the vote” for Paul McNamara, the Escondido mayoral candidate and Amar Campa Najjar, the 50th congressional district candidate. According to Victoria and Mike, canvassing was great because people were so energized about this election. Bruce and Kaye Campbell also canvassed over 100 neighbors in their precinct in the run up to the election.

Chalice postcard writers focused on women voters:

The Chalice postcard writing group drafted postcards for progressive issues. In the lead-up to the mid-terms, Marie Schwab, Ann Cunningham, Kaye and Bruce Campbell, Debi Streett-Idell, Delynn Kelly, Rita Hill, Nancy Hacker, Jane Shriver, Carol McAllister, Michele Nelson, Dani Comer, and Marilyn Alberts, Bonnie Packert and Victoria Tenbrink were drafting postcards and letters, text messages, and faxes to women voters encouraging them to participate in the electoral process because so much is at stake for them. Kaye Campbell suggested that “we do need to find a proper name for this group that is a better fit for all it does.”

Writing postcards is a communal effort and the Chalice group enjoys this because they feel it is a great alternative to hand-wringing. As Bonnie noted, “we need to encourage people to speak up, and as the card says, ‘Your vote is your voice’.” Bonnie also wrote postcards to support campaigns with <https://postcardstovoters.org/>.

Targeting infrequent voters with letters encouraging them to vote:

Susan Lewallen and Paul Courtright signed on with the group Vote Forward (www.vote fwd.org) and sent 200 letters, 100 each to voters in Colorado and Montana to encourage people who have, in the past, voted progressive but who have not voted recently. Evidence from a previous race suggested that voter turnout can be increased by about 4 percentage points. When the Vote Forward group started this effort for the mid-terms they expected that their efforts would lead to around 50,000 letters being sent—in the end, over 1 million letters were sent. Wow!

Volunteering at Democratic Party offices and phone banking to connect with potential progressive voters in the area:

Carol Bagguley volunteered at the Democratic Party HQ in Escondido while Susan Lewallen and Paul Courtright joined a phone banking effort for the candidacy of Amar Campa-Najjar. Phone banking has been made much easier with an online voter registrant list which means you need your laptop and phone both handy. While a large proportion of the phone numbers provided were no longer in service, it still gave Carol, Susan and Paul an opportunity to chat to potential voters about the candidates.