

July 2018 Chalice PrevUUs Calendar

Newsletter of the Chalice Unitarian Universalist Congregation of Escondido, California 2324 Miller Avenue, Escondido, CA 92029 Phone: 760-737-0393 Website: ChaliceUUCongregation.org

Vol. 19 # 07A

Edited for Public

Building status- Bob Nelson

Pete and Sean of Omega Engineering are still working to resolve issues the city brought up in our submittal. They expect to resubmit the documents about July 6th



and have the grading permit issued in early Sept. Pete has submitted the landscape plan and is contacting Native Americans for the surveillance they will provide during grading.

In the meanwhile, the county health dept. has approved our septic system.

Ground breaking still looks likely in Sept.



Critter Concert Sunday, July 22 at 1 pm Chalice UU Congregation

Declan and Rowan Heys (6 and 9 years old) have created a new organization called Kids Saving Critters to connect and empower kids all over the world to help animals. This event will further their efforts in San Diego, Costa Rica, and South Africa.

They will begin the concert by describing their work so far and performing a few piano pieces. Then, local opera soprano and film soundtrack vocalist Kasondra Kazanjian has generously offered to perform a unique selection of opera, jazz, Disney, and musical theater tunes for your delight. The intimate atmosphere of Chalice UU Congregation will make this an incredible, fun experience!

Suggested Donation: \$20/adult, \$10/child, maximum of \$50/family.

Light lunch and lemonade will be provided, along with a handful of arts and crafts for silent auction.

Sunday Services

at 9:00 a.m. and 11:00 a.m.

Summer worship series BREAD FOR THE JOURNEY

We live in troubled times. It is more important than ever that we pay attention to sustaining ourselves for the hard work of building a better world. Our summer worship series (July and August) will offer inspiration to keep us going as we face hard times.

July 1 "How Do We Welcome the Sacred?"
Rev. John Gibb Millspaugh, pulpit guest
After serving UU congregations from 1998-2014,
Rev. John Gibb Millspaugh placed his ministry in
service of social and environmental justice; he
now serves as Executive Director of San Diego's
Better Food Foundation.

July 8 "Asking Questions" Rev. Sharon Wylie

July 15 "Living with Unwanted Visitors" Rev. Sharon Wylie

July 22 "Interdependence" Rev. Sharon Wylie Multigenerational Service

July 29 "Do I Dare to Eat a Peach?" Everett Howe, pulpit guest

Everett Howe is a mathematician, humanist, husband, father, student at Starr King School for the Ministry, and a candidate for UU ministry. Rev. Sharon is his vocational advisor.

Listing the sermon titles without description is intentional. There is more detail about each sermon on our website: ChaliceUUCongregation.org



Council of Chairs

Saturday, July 14 at 9:30 am All Chalice Groups are encouraged to send a representative to this meeting.



Music Ministry for July

Sunday Worship Music July Highlights

July 1: Steve Withers will be our worship musician.

July 8: Tim McKnight will be our worship musician.

July 15: Steve Withers will be our worship musician.

July 22: Justin Gray will be our worship musician.

July 29: Justin Gray will be our worship musician.



Tim McKnight Music Director

Calendar of Upcoming Music Department Events

Concert for Kids Saving Critters

"KUUC Chalice Radio Fun" Drama Club Performance

August 26 @ 5:00 pm
Children's Concert

October 7

"Notes of Comfort" Compassionate Music Program Rehearsals

Chalice's Compassionate Music Program now has a name – **Notes Of Comfort**. We will be rehearsing this summer on Thursday evenings in the Chapel from 7:00 pm to 9:00 pm, from June 28 through August 2. We hope to identify a group of songs for our repertoire, so please bring a song you love to share with the group. Sheet music and/or recording (CD or phone) are welcome. If you play an instrument or enjoy singing and would like to share your gifts with those in need, please join us this summer.

For more information on **Notes of Comfort**, please email music@chaliceuucongregation.org.

Racial Justice Film Series

Many of you expressed interest in a racial justice film series and we've responded. We plan to show a film each month followed by discussion. The series started on Sunday, June 24 with *Reel Injun*, a Canadian documentary exploring the portrayal of Native Americans in film.

Anyone who wants to suggest a film is welcome to -- documentaries and feature films are all possible and there are a lot of good ones out there. Even better if you're willing to lead a discussion on the selection; but if you're not, Reverend Sharon is willing to pitch in. Please

contact Susan Lewallen [not for public edition] or Marshall Fogel [not for public edition] with your film suggestions. Meanwhile mark your calendars. All films will be shown from 6-9 pm in the chapel and we've reserved the following dates:

Hope to see you there!

July 26 (Thursday)
August 29 (Wednesday)
September 28 (Friday)
October 21 (Sunday)
November 11 (Sunday)
December 16 (Sunday)





Family Ministry

Request for donations for needy kids' school supplies

As you may know, this summer our youngest congregants will be participating in a number of service projects. One project we are undertaking is providing new backpacks for 24 local children in need. The backpacks we fill will be distributed by Interfaith Community Services. We have already received a donation for the backpacks (thanks, Marilyn Alberts). We are asking for items to fill these backpacks. We would like lots for kids 10 and younger. Items can be placed in the labeled box in the common room.



Kathleen Swift Director of Family Ministry

Some ideas:

Wide-ruled spiral notebooks #2 pencils glue sticks kid-size scissors colored pencils water-based markers large pink erasers



pencil sharpener
white glue
2-pocket folders
ruler
scotch tape
crayons (24-size is fine)
pencil boxes, approx. 8x5 inches



Great job to all who helped with the youth led service on June 17! What a wonderful multigenerational service.





Coord Team Board Report for June 2018

- ◆ Pre-paid pledges for 2018 19 are starting to come in.
- Welcomed Susan Spoto to the Coord Team to replace Callie Leef whose term is up.
- Callie Leef will take over the position of Safety Officer.
- Approved purchase of two umbrellas and umbrella bases for the patio area, at parents' request.
- Reviewed the congregation media release form in light of the upcoming campaign to get more
 pictures of Chalice activities. Care will be taken to be sure all people shown on any pictures
 that go to social media will be asked for their permission previous to publication.
- Memorial Wall project deadline was extended to be sure that the message was received by all
 possible interested Chalice artists. This will be a single subject email.
- Expressed Gratitude to
 - Doug Key for being the Chalice Safety Officer
 - Cheryl O'Gwynn for being liason to Council of Chairs



Groups That Meet Each Week or Every Other Week - You are welcome here!

What	When, Where	Who & Why
Chair Yoga	Tuesdays, 10 am & Fridays, 12 noon in the Chapel	Patty Carlisle leads this weekly yoga class to share the healing aspects of yoga. Individuals exercise and strengthen their bodies. This is at Chalice, so you know you will be surrounded by positive, caring people.
Yoga	Tuesdays, 7 pm in the Chapel	Kathy Zapata-Bergamini, Alec Bergamini, or Chris O'Connor lead the class Tuesday evenings each month, Every class is different, but you will always be glad you came. Newcomers are welcome. \$5 donation suggested.
Cracker Barrel	Wednesdays, 9 am for breakfast, 9:30 for discussion at Marie Callender's in Escondido	Liberal thinkers & friendly, supportive men. New friends are welcome. Contact person is Marty Schwartz at [not for public edition]. Open to all men of Chalice to meet life-long friends with a sense of humor.
Activist Letter Writers	Only Wed, July 19 this month. 11:30 am in the Common Room	Join us for lively discussion and post card writing, with action as an outcome. New activists welcome. Contact Kaye Campbell at [not for public edition] if you have questions.
Zen Meditation	Thursdays, 8:30 to 10:30 am and Sundays, 3:00 to 5:00 pm in the Cottage	Chalice Friend Dr. Al Zolnyas offers instruction and Meditation practice. This group welcomes both seasoned meditators and those new to the practice.
Women's Meditation & Study	Thursdays, 10:30 am to 12:00 noon in the Chapel	Mutual support and the practical implementation of Buddhism in order to enrich our daily lives. Contact person is Carol Bagguley at [not for public edition].

Groups That Meet Once A Month ~ You are welcome here!

What	When, Where	Who & Why
Board Games	Second Wednesday 1:00 pm Common Room	A lively group meets to play games: Mexican dominoes, Rummikub, or any fun game. Newcomers happily welcomed! Contact Carol Bagguley at [not for public edition].
Men's Support Group	Second Wednesday 6:30 pm Escondido location	We get to know and support each other by sharing experiences, thoughts and feelings from our lives. If you are interested please contact Phil Comer at <i>[not for public edition]</i> . Phil can tell you more about the group, including the location.
Fiber Arts & Crafts	Third Wednesday 1:30 to 3:30 pm Common Room	We chat and work, primarily needle-crafts like knitting, or embroidery, but any portable crafts are welcome. Contact person is Bonnie Packert at [not for public edition].
Prayer Circle	Third Wednesday 7:00 pm Chapel	Join Rev. Sharon for a Unitarian Universalist prayer circle. Please come prepared to request prayer and to offer prayer to others. All are welcome.
Racial Justice Film Series	Dates vary	Please see page 2



Information for July Group Activities! You are Welcome Here!

Chalice Dine-Out - Meets on the Third Monday at 6:00 pm

We will be dining on July 16th at 6:00. This month we are trying another new restaurant, Piacere Mia Del Sur located at 16490 Paseo del Sur #135 near 4S Ranch. Singles and couples, all are welcome for conversation, catching up and getting acquainted. RSVP to Cindy Carter at [not for public edition].



Women's Book Group - Third Tuesday at 7:15 pm in the Common Room

Born a Crime:Stories from a South African Childhood by Trevor Noah * Facilitator: Dani Comer Join us on Tues., July 17 at 7:15 in the Common Room to discuss **Born a Crime: Stories from a South African Childhood**, the compelling, inspiring, and comically sublime story of a young man's coming-of-age, set during the twilight of apartheid and the tumultuous days of freedom that followed. We meet the third Tuesday of every month at 7:15 PM in the Common Room. Please come and join us for a stimulating and fun evening. Newcomers are welcome, please contact: Dani Comer [not for public edition].

Aug.21-This Is How It Always Is by Laurie Frankel Facilitator-Susan Sklar

Haven House Interfaith Community Dinners - Dates change each month

Our next dinner service is scheduled for Monday, July 16, coordinated by Vickie Hoey. Each month, volunteers from Chalice cook and serve a meal to the people who are staying at the local shelter. There are coordinators for each month, and Julia & Marshall Fogel keep the mailing lists and facilitate our participation in this community service project. If you would like to participate, contact Marshall at *[not for public edition]*.

Ladies Out to Lunch - Third Friday at 11:30 am

On Friday, July 20 the Ladies out to Lunch will meet, but the location was not available at publication time. This lively, friendly bunch always finds someplace fun! Please check with Patty Evans, or Cindy Carter: n [not for public edition] to find out the details. When you find out, please let the office know: ChaliceUUC@gmail.com and I can include the information in the weekly E-Nuus.



Circle Suppers - Third Saturday at 6 pm

Single adults, couples, new and old Chalice folks, join us for Circle Supper on: Saturday, July 21 at 6pm. Circle Suppers are monthly dinners in a potluck format people at a host's home. There is no obligation to host a dinner. This is a great way to get to know each other better and further our sense of community. Newcomers are welcome. If interested in attending please contact Dani Comer by Wed., July 11.

Readers' Theater

Our July gathering will be held on Monday, July 23rd at 6:45 p.m. in the Common Room. **We welcome newcomers and listeners at our gatherings!**

This month we'll be reading aloud the drama *The Crucible*, by Arthur Miller. Winner of the 1953 Tony Award for Best Play, this exciting drama about the Puritan purge of witchcraft in old Salem is both a gripping historical play and a timely parable of our contemporary society. The story focuses upon a young farmer, his wife, and a young servant-girl who maliciously causes the wife's arrest for witchcraft.

Please contact Deb at [not for public edition] in advance, so that we'll know to expect you.

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Chalice UU Congregation ** July 2018 ** Services, Meetings, Events



Sun	Mon	Tue	Wed	Thu	Œ	Sat
 1 9 & 11 am Worship Service: Rev. John G Millspaugh "How Do We Welcome the Sacred?" 3:30 pm Zen Meditation 	2 7:00 pm Luminary Arts *	3 10:00 am Chair Yoga 7:00 pm Yoga 7:00 pm Executive Board	4 - Happy Holiday Office is closed 9:00 am Cracker Barrel	5 8:30 am Zen Meditation 10:30 am Women 's Study 7:00 pm Notes of Comfort	6 12:00 pm Chair Yoga 4:00 pm Luminary Arts 7:00 pm Food Addicts Anonymous 7:00 pm Luminary Arts	7 9:00 am Luminary Arts * 3:00 pm Luminary Arts *
8 9 & 11 am Worship Service: Rev. Sharon Wylie "Asking Questions" 3:30 pm Zen Meditation	9 7:00 pm Luminary Arts *	10:00 am Chair Yoga 10:00 am Communications Task Force 7:00 pm Yoga 7:00 pm Board	9:00 am Cracker Barrel 1:00 pm Board Games 6:30 pm Men's Group 6:30 pm Family Ministries 7:00 pm B Groening Circle 7:00 pm Luminary Arts*	8:30 am Zen Meditation 10:30 am Women 's Study 7:00 pm Notes of Comfort	13 12:00 pm Chair Yoga 7:00 pm Food Addicts Anonymous	9:00 am Pride Parade 9:30 am Council of Chairs 11:00 am Private Support Group 3:00 pm Luminary Arts *
9 & 11 am Worship Service: Rev. Sharon Wylie "Living With Unwanted Visitors" 3:30 pm Zen Meditation	5:00 pm Dine Out Circle 6:10 pm Haven House 7:00 pm Luminary Arts *	17. 10:00 am Chair Yoga 1:00 pm Coord Team 7:00 pm Yoga 7:15 pm Women's Book Grp	9:00 am Cracker Barrel 11:30 am Activist Letter Writers 1:30 pm Fiber Arts 7:00 pm Monthly Prayer	19 8:30 am Zen Meditation 10:30 am Women 's Study 7:00 pm Notes of Comfort	11:30 am Ladies-Out-to lunch 12:00 pm Chair Yoga 4:00 pm Luminary Arts 7:00 pm Food Addicts Anonymous	21 10:00 am Worship Team 3:00 pm Luminary Arts * 6:00 pm Circle Suppers
9 & 11 am Worship Service: Rev. Sharon Wylie "Interdependence" 11:00 am Outreach Team 1:00 pm Concert: Kids Saving Critters (see front page) 3:30 pm Zen Meditation	23 6:45 pm Reader's Theater 7:00 pm Luminary Arts *	24 10:00 am Chair Yoga 7:00 pm Yoga Newsletter deadline	9:00 am Cracker Barrel 7:00 pm Luminary Arts*	8:30 am Zen Meditation 10:30 am Women 's Study 6:00 pm Racial Justice Film Series 7:00 pm Notes of Comfort	12:00 pm Chair Yoga 7:00 pm Food Addicts Anonymous	28 11:00 am Private Support Group 3:00 pm Luminary Arts *
9 & 11 am Worship Service: Everett Howe "Do I Dare to Eat a Peach?" 3:30 pm Zen Meditation	30 7:00 pm Luminary Arts	31 10:00 am Chair Yoga 1:00 pm Coord Team 7:00 pm Yoga	* Luminary Arts is a summer drama dass sponsored by a Chalice congregant.	The Chalice Calenda information, please g under the "News" tak the "Calendar".	The Chalice Calendar is updated frequently. For the most accurate information, please go to ChaliceUUCongregation.org and click under the "News" tab. There is a drop down menu with a button for the "Calendar".	For the most accurate ation.org and click nenu with a button for

July 2018 Chalice PrevUUs Magazine Section

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Minister's Message for July

We have a new music group forming at Chalice: "Notes of Comfort," a compassionate music program. The idea is that congregants who are ill or otherwise struggling might receive a visit from this group, to be cheered and comforted by song and music. (You will hear more about this group in future newsletters, as they get up and running.)

At their first planning meeting, they asked me about how often I receive requests for pastoral care. Half-jokingly (but half not), I told them, "Oh, nobody at Chalice needs pastoral care. Instead, everybody is worried that somebody else needs pastoral care."

This is, of course, not entirely true, as many of you are good about reaching out to me to request meetings and visits to talk about what's on your heart. I am always grateful for these requests because I'm glad to be of service. It is one of the greatest privileges of my role as the minister that I am invited into your lives this way. Wanting to be of help to people is why I became a minister.

But it is also very common for many of you to come to me to let me know that you are worried about the struggles and crises of your friends. And perhaps I am imagining it, but in these moments of hearing that such-and-such has happened to so-and-so, I feel that the person sharing the news—the worrier—expects me to do something.

It has taken me some time, but I have come to be at peace that my response to concerns that come from worried friends is not to reach out to the person in crisis. Ours is not a faith tradition where your minister forces herself into your lives uninvited. And many of you are not only surprised, but also uncomfortable to realize that (well-meaning) friends have been talking with the minister about your problems. "Concern" can feel like "gossip" to the person being talked about.

What I have come to focus on in the moment of news-sharing, is that it is actually the worrier who needs care, even though they may not realize it when they come to me. It is the



worrier who is anxious and wants their anxiety soothed. It is the worrier who doesn't know where to go and what to do with their deep concern for their friend.

As you know if you have come to me worried about a friend, I am likely to encourage you to be sure and let your friend know how much you care about them, and that you are there for them if they need you. People need their minister, yes. But they also need their friends.

And if you strongly feel that your friend needs to talk with me, encourage them to do so! You can always check with them: "Is it okay if I ask Rev. Sharon to call/visit you?" Then when you bring your concern to me, you can tell me that your friend has asked for a call. So then I know that my reaching out is invited and welcome, not an imposition.

When to call the minister?

- Been diagnosed or living with a serious illness
- Going into the hospital
- Relationship is in trouble
- Coping with a personal loss
- Had a death in the family
- Want to discuss an addiction issue
- Struggling with mental illness
- Want to talk about your spiritual journey
- Have vocational, ethical, or religious questions

Bright blessings, Sharon



Rev. Sharon Wylie's Office Hours:

Tuesday & Thursday, 1-5 pm, Wednesday, 2-5 pm

Appointments outside office hours are based on availability.

Email: revsharonwylie@gmail.com Office: 760.737.0393 Cell: 619.871.9959



President's Message - Marshall Fogel

PRESIDENT'S COLUMN - JULY 2018 ALL ABOUT ME IN LESS THAN 400 WORDS

Thank you for the privilege and honor of serving as Congregational President in this year of renovation and change. As I prepare for this exciting year, I want to share highlights of my life in and out of Unitarian Universalism.

Born in Brooklyn in 1950 to Jewish Americans, our family moved to Queens then to Westbury, Long Island and then back to Queens as our fortunes rose and fell. We rarely used the N word, but the flight from Brooklyn was largely fueled by the appearance of "schvartzes" in our midst. Like many of my peers, Jewish education ended with my bar mitzvah. Our family did gather for the major Jewish holidays and celebrations and



Marshall Fogel, Congregation President with our current Board members

intermittently belonged to a synagogue. Once I learned about the Holocaust I became both an Atheist and Zionist though I never personally experienced anti-Semitism. Financial insecurity was an indelible part of my childhood as my parents divorced in my teens. A great NYC public high school, good friends, and the love of doting parents allowed me to enter adulthood feeling OK.

Love brought me to Unitarian Universalism in the form of a lapsed Roman Catholic girl named Julia. She and I married at the UU Church of Amherst NY. After college and medical school and two daughters born in Buffalo we landed in Champaign, Illinois to serve a two-year National Health Service Corps scholarship obligation. We stayed in Champaign for an additional 15 years, practicing Internal Medicine and Unitarian Universalism. Our daughters had a regular Sunday gig ringing the church bell.

When the kids left for college, we left for Atlanta and Kaiser Permanente where I served as Chief of Urgent Care and spent some time in management. UUMAN (UU Metro Atlanta North) was our spiritual home with an active "football ministry" on Sundays watching the Falcons. I worked and played with folks from everywhere and really got hooked on golf. My African-American colleagues and friends mean the world to me.

Retiring at 65, Julie and I moved to Escondido to be close to our kids' families and our 4 grandchildren. Luckily, Chalice was just down the block and we couldn't be happier.

So, it was love that brought me to Unitarian Universalism and love will anchor me through this year. I am so happy to have this opportunity! Thanks again.

June Board Meeting Report

June was the last meeting of the 2017 – 2018 Board and members spent most of the meeting wrapping up loose ends — finalizing the revision of the Good Relations policy and deciding just how and where board documents and policies should be saved on the Wiki as well as completing revision of other board policies and procedures. Nancy Bowen has spearheaded the board's effort in "cleaning up" long neglected board policies and procedures plus differentiating between the two.





Music Spotlight on "Woke Up This Morning With My Mind"

(This is the first in an occasional series of Music Spotlights centering on Unitarian Universalist hymns and composers.)

Brief History

One of the new songs to our congregation this year is "Woke Up This Morning With My Mind". (#153 in the Grey Hymnal). Rev. Sharon has been including this song as part of our worship experience as we explore racial justice in our congregation and our community. What a fantastic choice! This energetic African American spiritual has quickly become a Chalice favorite. It dates back to 1750, but was revamped in the 1960's by Reverend Osby of Aurora, Illinois, in Hinds County, Mississippi jail during "freedom rides". Freedom the rides interstate bus rides taken by members of the Civil Rights Movement into the segregated Southern United States in 1961 to protest the lack of enforcement of their constitutional right to ride integrated public buses. The lyrics "I woke up this morning with my mind stayed on Jesus" were changed to "I woke up this morning with my mind stayed on freedom". Check out this recording of "Woke Up This Morning With My Mind" by the https://www.youtube.com/ Singers: Freedom watch?v=TsziXdKfOsE. The picture above is the Freedom Singers in 1963. You can also read more about this and other freedom songs in Pete Seeger's book, Everybody Says Freedom: A History of the Civil Rights Movement in Songs and Pictures.

Fun Fact

Did you know that tunes to hymns have names that are completely different from the hymn titles? The tune to "Woke Up This Morning With My Mind" has been given the name "WATKINS HARPER" in our hymnal, named after Frances Ellen Watkins Harper (1825-1911), a Unitarian author, lecturer, and reformer. Born in Baltimore of free parents, she was active in the antislavery and women's suffrage movements. Her poem, "Songs for the People", written in 1894, beautifully expresses why songs such as "Woke Up This Morning With My Mind", along with other freedom songs, are as important today as they were 60 years ago and 160 years ago.



Songs for the People

By Frances Ellen Watkins Harper

Let me make the songs for the people, Songs for the old and young; Songs to stir like a battle-cry Wherever they are sung.

Not for the clashing of sabres, For carnage nor for strife; But songs to thrill the hearts of men With more abundant life.

Let me make the songs for the weary, Amid life's fever and fret, Till hearts shall relax their tension, And careworn brows forget.

Let me sing for little children, Before their footsteps stray, Sweet anthems of love and duty, To float o'er life's highway.

I would sing for the poor and aged, When shadows dim their sight; Of the bright and restful mansions, Where there shall be no night.

Our world, so worn and weary, Needs music, pure and strong, To hush the jangle and discords Of sorrow, pain, and wrong.

Music to soothe all its sorrow, Till war and crime shall cease; And the hearts of men grown tender Girdle the world with peace.